

LEDINGHAM	PAUL	26.2 ROAD RUNNERS CLUB	D
MAKIN	DAVE	ACHILLE RATTI	EL
TYSON	JIM	AMBLESIDE AC	DE
HOLLYWOOD	PAUL	ARMAGH AC	E
EALES	MATTHEW	ARMY RMP	CE
MITCHELL	DAVID	AYRODYNAMIC TRIATHLON CLUB	D
FELTER	JOHANNES	BADENOCH & STRATHSPEY ORIENTEERING CLUB	E
BRENNAN	ALEX	BALLYMENA RUNNERS AC	D
PURVIS	STEPHEN	BALLYMENA RUNNERS AC	E
REID	CONNOR	BALLYMENA RUNNERS AC	E
BAISTOW	ROBERT	BARLICK FELL RUNNERS	I
BERRY	ANDY	BARLICK FELL RUNNERS	
BOOTHMAN	JONATHAN	BARLICK FELL RUNNERS	D
DRIVER	ANDREW	BARLICK FELL RUNNERS	E
EDWARDS	LEE	BARLICK FELL RUNNERS	E
HALLIDAY	DAVE	BARLICK FELL RUNNERS	DE
HIRD	JEN	BARLICK FELL RUNNERS	EF
MAUDE	LUKE	BARLICK FELL RUNNERS	E
TREITL	NICK	BARLICK FELL RUNNERS	
TREITL	RICHARD	BARLICK FELL RUNNERS	I
LEIGH	ADRIAN	BENTHAM BEAGLES RUNNING CLUB	L
CARNEY	STEVEN	BINGLEY HARRIERS	D
GOODYEAR	IAN	BINGLEY HARRIERS	I
JEBB	ANDREW	BINGLEY HARRIERS	
JEBB	ROB	BINGLEY HARRIERS	D
WEATHERHEAD	DAVID	BINGLEY HARRIERS	I
GREEN	CHRISTOPHER	BISHOPS STORTFORD RUNNING CLUB	D
LEIGH	HELEN	BLACKBURN HARRIERS AC	EFG
SUTTON	JOHN	BLACKBURN HARRIERS AC	DE
TOMS	MICHAEL	BLACKBURN HARRIERS AC	L
TOMS	SARAH	BLACKBURN HARRIERS AC	CF
CABRERA VALDES	FRANCISCO JAVIER	BNRA	E
CAMERON	JAMES	BNRA	AL
CAMERON	SEAN	BNRA	A
DELVAUX	SIMON	BNRA	AE
GIBSON	DOUGIE	BNRA	AL
MACGILLIVRAY	JOCK	BNRA	AL
MOYNIHAN	ANTHONY	BNRA	AL
SHAW	GRAHAM	BOLTON UNITED HARRIERS	L
SMITH	IAN	BOLTON UNITED HARRIERS	I
MIKKLESON-BARRON	MARTIN	BORROWDALE FELL RUNNERS	
CHIPPENDALE	MARK	BOWLAND FELL RUNNERS	D
SWARBRICK	STEVE	BOWLAND FELL RUNNERS	D
WALSH	MARTIN	BOWLAND FELL RUNNERS	I
WALSH	PAUL	BOWLAND FELL RUNNERS	D
WALSH	PAUL	BOWLAND FELL RUNNERS	I
ROBERTS	SIMON	BUCKLEY RUNNERS	DE
FORREST	DUNCAN	BURY ATHLETICS CLUB	DE
CULPAN	DAVE	CALDER VALLEY FELL RUNNERS	L
KILLERBY	JOHN	CALDER VALLEY FELL RUNNERS	E
MOSLEY	JAMES	CALDER VALLEY FELL RUNNERS	DE

MURGATROYD	TREVOR	CALDER VALLEY FELL RUNNERS	L
SMITHIES	STEPHEN	CALDER VALLEY FELL RUNNERS	D
STEWART	TONY	CALDER VALLEY FELL RUNNERS	EI
WASHINGTON	JOE	CALDER VALLEY FELL RUNNERS	
AUSTIN	PATRICK	CAMBRIDGE HARRIERS	D
DIXON	CLEM	CAMBRIDGE HARRIERS	L
KENT	PAUL	CAMBRIDGE HARRIERS	L
MARSHALL	IAN	CAMBRIDGE HARRIERS	I
NEWELL	MARK	CAMBRIDGE HARRIERS	L
BOWIE	TOM	CARNEGIE HARRIERS	I
BURNETT	ISOBEL	CARNEGIE HARRIERS	EFL
CASSELLS	DEREK	CARNEGIE HARRIERS	D
FAIRLEY	BILL	CARNEGIE HARRIERS	I
SIMPSON	PETER	CARNEGIE HARRIERS	EL
BRABY	LIAM	CARNETHY HILL RUNNING CLUB	BE
BROOKS	CHRIS	CARNETHY HILL RUNNING CLUB	
FALLON	STEVEN	CARNETHY HILL RUNNING CLUB	L
LYONS	BOB	CARNETHY HILL RUNNING CLUB	EL
McWHINNIE	JIM	CARNETHY HILL RUNNING CLUB	L
SMITH	BRUCE	CARNETHY HILL RUNNING CLUB	L
TITMUS	SIMON	CARNETHY HILL RUNNING CLUB	D
GALL	ALLAN	CENTRAL AC	L
CLOUGH	LYNNE	CHORLEY ATHLETIC & TRI CLUB	DF
BUCKLEY	LINDA	CHORLEY HARRIERS	FL
DAWBER	STEVEN	CHORLEY HARRIERS	L
BAGOT	DAVID	CLAYTON LE MOORS	
BALMER	GARY	CLAYTON LE MOORS	D
BRISCOE	RICHARD CHARLES	CLAYTON LE MOORS	
CARR	DOMINIC	CLAYTON LE MOORS	D
DUGDALE	ANDREW MARK	CLAYTON LE MOORS	L
DUGDALE	PETER	CLAYTON LE MOORS	L
FIRTH	ANDREW PETER	CLAYTON LE MOORS	L
FUNNELL	CHRIS	CLAYTON LE MOORS	DE
HARDIMAN	NEIL	CLAYTON LE MOORS	DK
HOLT	JACK	CLAYTON LE MOORS	I
HORSFALL	NICHOLA	CLAYTON LE MOORS	FL
MITCHELL	ROBERT WILSON	CLAYTON LE MOORS	I
MOTLEY	DAVE	CLAYTON LE MOORS	
NIELD	DAVID LESLIE	CLAYTON LE MOORS	
NUTTER	MARK	CLAYTON LE MOORS	
PERRY	MATTHEW	CLAYTON LE MOORS	EK
ROBINSON	ANDREW	CLAYTON LE MOORS	HI
ROSCOE	NICHOLAS	CLAYTON LE MOORS	D
SAVAGE	BARBARA	CLAYTON LE MOORS	FL
SHARPLES	JON	CLAYTON LE MOORS	HI
SMITH	LEE	CLAYTON LE MOORS	E
TAYLOR	MARK	CLAYTON LE MOORS	
WILKINSON	GARRY	CLAYTON LE MOORS	L
WILKINSON	RYAN	CLAYTON LE MOORS	
ROBERTS	ANDREW	CONGLETON HARRIERS	DE
KIRKBRIDE	JOHN	CONISTON FELL RUNNERS	D

REILLY	PAUL	CONISTON FELL RUNNERS	
McLEAN	GRAHAM	CORSTORPHINE AAC	L
O'BRIEN	PAUL	CORSTORPHINE AAC	L
ABRAHAMS	BEN	COSMIC HILLBASHERS	E
CLARK	DAVID	COSMIC HILLBASHERS	D
CLARK	LESLEY	COSMIC HILLBASHERS	D
INGLIS	ANDREW	COSMIC HILLBASHERS	E
KAMMER	PHILIP	COSMIC HILLBASHERS	I
MITCHELL	JOHN	COSMIC HILLBASHERS	
ORD	STEVEN	COSMIC HILLBASHERS	D
O'SULLIVAN	SEAN	COSMIC HILLBASHERS	
REID	COLIN	COSMIC HILLBASHERS	D
RUSSELL	COLIN	COSMIC HILLBASHERS	
STOCKTON	MARK	COSMIC HILLBASHERS	E
TOMLIN	CHRIS	COSMIC HILLBASHERS	DE
WILLIAMSON	JASON	COSMIC HILLBASHERS	
MAGUIRE	GERRY	CRUISERS RUNNING CLUB	D
BEATY	ANDY	CUMBERLAND FELL RUNNERS	HL
BEATY	KATE	CUMBERLAND FELL RUNNERS	FL
GRAHAM	MARK	CUMBERLAND FELL RUNNERS	L
HALLAM	JON	DARK PEAK FELL RUNNERS	E
HULLEY	MATTHEW	DARK PEAK FELL RUNNERS	D
LUND	DAVID	DARK PEAK FELL RUNNERS	
MARSH	DUNCAN	DARK PEAK FELL RUNNERS	D
PAXMAN	JIM	DARK PEAK FELL RUNNERS	EL
BAIN	ANDY	DEESIDE RUNNERS	D
BASS	OWEN	DEESIDE RUNNERS	L
DUNN	SARAH	DEESIDE RUNNERS	DEF
ENTWHISTLE	MARIE	DEESIDE RUNNERS	DEF
HENDERSON	KATIE	DEESIDE RUNNERS	F
KERRIDGE	DONALD	DEESIDE RUNNERS	D
MARDALL	NICK	DEESIDE RUNNERS	DE
PROVAN	STEPHANIE	DEESIDE RUNNERS	EF
SMITH	ALAN	DEESIDE RUNNERS	L
JACKSON	ANDREW	DELAMIRE SPARTANS	DE
WILSON	DIANE	DROMORE AC	DF
KHAN	MOHAMMED	DUMFRIES RUNNING CLUB	
MALCOLMSON	CRAIG	DUMFRIES RUNNING CLUB	L
PFLANZ	SEBASTIAN	DUMFRIES RUNNING CLUB	L
TANGEY	JACOB	DUMFRIES RUNNING CLUB	E
THOMAS	RANJIT	DUMFRIES RUNNING CLUB	D
MATTHEWS	STEVE	DUNDEE HAWKHILL HARRIERS	D
IRVING	JOHN	DUNDEE ROAD RUNNERS	D
WALSH	DAVID	DUNOON HILL RUNNERS	DE
SWIFT	FREDERICK	DURHAM UNIVERSITY ATHLETICS CLUB	BE
SCHUURMAN	WILLIBRORD	DUTCH RUNNERS	L
VAN GARDEREN	HARMEN JAN	DUTCH RUNNERS	L
HEWITT	MATTHEW	EAST COAST AC	E
MAXWELL	JUSTIN	EAST COAST AC	G
BANNERMAN	ROSS	EAST SUTHERLAND AAC	D
AMOR	LEE	ELLENBOROUGH AC	L

ASHWORTH	JONATHAN	ELLENBOROUGH AC	
ATKINSON	SHAUN	ELLENBOROUGH AC	E
BETHWAITE	MIKE	ELLENBOROUGH AC	DE
FRANKHAM	ADAM	ELLENBOROUGH AC	E
HINDMOOR	CHRISTOPHER	ELLENBOROUGH AC	
JOHNSTON	PAUL	ELLENBOROUGH AC	
KEMP	PETER	ELLENBOROUGH AC	E
KEOUGH	SCOTT	ELLENBOROUGH AC	DE
KNOWLES	CHRIS	ELLENBOROUGH AC	L
LIGHTFOOT	RICKY	ELLENBOROUGH AC	K
LISTER	CHRIS	ELLENBOROUGH AC	E
McGRATH	RICHARD	ELLENBOROUGH AC	
MULGREW	GERARD	ELLENBOROUGH AC	D
RAY	NICK	ELLENBOROUGH AC	D
TAYLOR	BRIAN	ELLENBOROUGH AC	D
THWAITE	GARY	ELLENBOROUGH AC	EG
TINNION	CALUM	ELLENBOROUGH AC	E
WALSH	MARK	ELLENBOROUGH AC	E
ALLISON	BOB	FIFE AC	L
COWAN	DAVID	FIFE AC	L
CUMMING	MIKE	FIFE AC	
FOX	SIMON	FIFE AC	L
HAWKINS	IAN	FIFE AC	L
KIRBY	GRAHAM	FIFE AC	D
LEGGE	SARAH	FIFE AC	DF
RITCHIE	HILARY	FIFE AC	FL
ROBERTS	CLIVE	FIFE AC	L
PETRIE	JIM	FISH HOEK	I
MACDONALD	IAIN	FORRES HARRIERS	D
PATERSON	ROBBIE	FORRES HARRIERS	E
ROGAN	PAUL	FORRES HARRIERS	DE
BELSHAW	RYAN	FRA	
BRIGHTMORE	ANDY	FRA	D
SYMONDS	TREVOR	FRA	L
WARREN	ARTHUR JOHN	FRA	I
WORSWICK	NEIL DAVID	FRA	D
ROSS	COLIN	FSSAA	ADK
JOHNSTON	FERGUS	GALA HARRIERS	E
VERBIEST	DIRK	GARIOCH ROAD RUNNERS	L
BRASH	COLIN	GIRVAN AAC	D
MURPHY	CRAIG	GIRVAN AAC	DK
BEDSON	CARL	GLOSSOPDALE HARRIERS	DE
JACKSON	CHRIS	GLOSSOPDALE HARRIERS	
RICE	CAITLIN	GLOSSOPDALE HARRIERS	F
IRVING	ANDREW	HALIFAX HARRIERS AC	E
KIRKDALE	BRIAN	HASTINGS RUNNERS	L
AUBREY	KATHLEEN	HELM HILL RUNNERS	GL
CANNON	RUSSELL	HELM HILL RUNNERS	L
RICHARDS	ALI	HELM HILL RUNNERS	DEF
TAYLOR	SHARON	HELM HILL RUNNERS	F
WHITE	DAVID	HELM HILL RUNNERS	D

WOOD	NIGEL	HELM HILL RUNNERS	D
APPLEBY	JONATHAN	HIGHLAND HILL RUNNERS	L
ARTHUR	GRAHAM	HIGHLAND HILL RUNNERS	I
BRETT	ALEX	HIGHLAND HILL RUNNERS	I
FORREST	STUART	HIGHLAND HILL RUNNERS	
KERR	DAVID	HIGHLAND HILL RUNNERS	E
MACDONALD	IAIN	HIGHLAND HILL RUNNERS	JL
MALCOLM	STUART	HIGHLAND HILL RUNNERS	D
McINTYRE	IAIN	HIGHLAND HILL RUNNERS	CL
POPPL	STEVE	HIGHLAND HILL RUNNERS	L
TAYLOR	GORDIE	HIGHLAND HILL RUNNERS	L
TAYLOR	LUKE	HIGHLAND HILL RUNNERS	BE
WILBY	DAVID	HIGHLAND HILL RUNNERS	E
LUIJF	PAUL	HOLLAND ATHLETICS	L
RANK	JULIAN	HOLMFIRTH HARRIERS AC	L
SHAW	ANDREW	HOLMFIRTH HARRIERS AC	L
BRINDLE	BRENT	HORWICH RMI HARRIERS	I
BRINDLE	LINDSEY	HORWICH RMI HARRIERS	F
HOPE	DANNY	HORWICH RMI HARRIERS	
JACKSON	STEVE	HORWICH RMI HARRIERS	I
DENT	HEIDI	HOWGILL HARRIERS	EF
WALKINGSHAW	NINA	HOWGILL HARRIERS	CF
BROWN	JAMIE	HUNTERS BOG TROTTERS	
O'BRIEN	PHYLLIS	HUNTERS BOG TROTTERS	FL
SMITH	JANICE	HUNTERS BOG TROTTERS	FL
ARCHER	KATE	ILKLEY HARRIERS	
PEARCE	NICK	ILKLEY HARRIERS	I
SHIELDS	PETER	ILKLEY HARRIERS	I
CAHILL	JAMES	IMRA	D
CLANCY	JAMES	IMRA	E
HICKEY	RONAN	IMRA	E
WILSON	STEWART	INVERNESS HARRIERS	D
WORSLEY	STEVEN	INVERNESS HARRIERS	JL
BALLANTINE	RICHARD	KEIGHLEY & CRAVEN AC	L
FARRAR	SIMON	KEIGHLEY & CRAVEN AC	EL
GLENCORSE	COLIN	KILMARNOCK HARRIERS	D
LINES	CHARLES	KILMARNOCK HARRIERS	EL
PUGH	RODERICK	KILMARNOCK HARRIERS	L
WHITE	DAVID	KILMARNOCK HARRIERS	D
HORSFIELD	RICHARD	KIMBERWORTH STRIDERS	L
McLAUGHLIN	EAMONN	LAGAN VALLEY AC	E
McLAUGHLIN	HAZEL	LAGAN VALLEY AC	EF
SANDFORD	ANNE	LAGAN VALLEY AC	EFL
CORRIS	PHIL	LANCASHIRE CONSTABULARY	GI
NELSON	DENNIS	LANCASHIRE POLICE AC	EGL
BURROWS	GRAHAM	LINLITHGOW ATHLETIC CLUB	EI
DUDCHENKO	PAUL	LINLITHGOW ATHLETIC CLUB	D
AITKEN	MORAG	LOCHABER ATHLETIC CLUB	AFL
ANDERSON	CALLUM	LOCHABER ATHLETIC CLUB	D
ANDREWS	MARK	LOCHABER ATHLETIC CLUB	A
ANDREWS	SIMON	LOCHABER ATHLETIC CLUB	AD

BANKS	JOHN	LOCHABER ATHLETIC CLUB	AI
BARNES	HANNAH	LOCHABER ATHLETIC CLUB	EF
BARRINGTON	ANDREW	LOCHABER ATHLETIC CLUB	A
BAUM	DIANE	LOCHABER ATHLETIC CLUB	AF
BEARDSHAW	MARK	LOCHABER ATHLETIC CLUB	AEJ
BELL	MICHAEL	LOCHABER ATHLETIC CLUB	ADG
BINNIE	JOHN	LOCHABER ATHLETIC CLUB	AD
BLACKHALL	AMANDA	LOCHABER ATHLETIC CLUB	ADF
BLACKHALL	KEITH	LOCHABER ATHLETIC CLUB	AD
BRADLEY	SIOBHAN	LOCHABER ATHLETIC CLUB	AF
BRITTON	COLIN	LOCHABER ATHLETIC CLUB	A
BRITTON	EMMA	LOCHABER ATHLETIC CLUB	AF
BROADLEY	DREW	LOCHABER ATHLETIC CLUB	L
BROWN	RICK	LOCHABER ATHLETIC CLUB	I
BYRNE	SARA	LOCHABER ATHLETIC CLUB	ADFJ
CAMERON	KATHLEEN	LOCHABER ATHLETIC CLUB	ABF
CAMERON	WILLIAM	LOCHABER ATHLETIC CLUB	ADE
CAMPBELL	BRIAN	LOCHABER ATHLETIC CLUB	AL
CAMPBELL	KLARA	LOCHABER ATHLETIC CLUB	ADEF
CONLON	LISA	LOCHABER ATHLETIC CLUB	
CORNER	JULIE	LOCHABER ATHLETIC CLUB	ADF
CYMBALISTA	PAWEL	LOCHABER ATHLETIC CLUB	AE
DAVIDSON	GARY	LOCHABER ATHLETIC CLUB	AD
DAYNES	ED	LOCHABER ATHLETIC CLUB	AD
DENNY	COLIN	LOCHABER ATHLETIC CLUB	AL
DEVEY	SUZY	LOCHABER ATHLETIC CLUB	AF
DODMAN	BEN	LOCHABER ATHLETIC CLUB	AD
DONNELLY	AIDAN	LOCHABER ATHLETIC CLUB	A
DOUGAN	JOHN	LOCHABER ATHLETIC CLUB	AI
DUGGAN	PETER	LOCHABER ATHLETIC CLUB	AL
FORSTER	DAMIAN	LOCHABER ATHLETIC CLUB	AD
FORSTER	NICOLA	LOCHABER ATHLETIC CLUB	ADF
FRASER	CALLUM	LOCHABER ATHLETIC CLUB	AB
FYFE	LEWIS	LOCHABER ATHLETIC CLUB	AB
GARDINER	FIONA	LOCHABER ATHLETIC CLUB	ADF
GAY	JON	LOCHABER ATHLETIC CLUB	AD
GILLIES	ERIC	LOCHABER ATHLETIC CLUB	D
GILLIES	JENNY	LOCHABER ATHLETIC CLUB	F
GRAY	EUAN	LOCHABER ATHLETIC CLUB	A
GUNN	TARQUIN	LOCHABER ATHLETIC CLUB	AD
HEMSTOCK	EDIE	LOCHABER ATHLETIC CLUB	AF
HEPBURN	JOHN	LOCHABER ATHLETIC CLUB	AL
HILL	SUSIE	LOCHABER ATHLETIC CLUB	E
HUNTER	LIA	LOCHABER ATHLETIC CLUB	AF
JONES	JONATHAN	LOCHABER ATHLETIC CLUB	AE
KENNEDY	ALI	LOCHABER ATHLETIC CLUB	AL
KENNEDY	ANGELINA	LOCHABER ATHLETIC CLUB	A
KENNEDY	PETER	LOCHABER ATHLETIC CLUB	AD
LAMB	FERGUS	LOCHABER ATHLETIC CLUB	AE
LAMONT	ALLAN	LOCHABER ATHLETIC CLUB	A
LARGEY	CIARA	LOCHABER ATHLETIC CLUB	F

MACBEATH	NIALL ALISDAIR	LOCHABER ATHLETIC CLUB	AD
MACCALLUM	MAIRI	LOCHABER ATHLETIC CLUB	AF
MACDIARMID	ARLENE	LOCHABER ATHLETIC CLUB	ADF
MACDONALD	DAVID	LOCHABER ATHLETIC CLUB	A
MacDONALD	DONNA	LOCHABER ATHLETIC CLUB	ADF
MACDONALD	GARY	LOCHABER ATHLETIC CLUB	A
MACDONALD	STEVE	LOCHABER ATHLETIC CLUB	A
MACDONALD	WILLIE	LOCHABER ATHLETIC CLUB	AL
MACGILLIVRAY	PAUL	LOCHABER ATHLETIC CLUB	A
MACINNES	PATRICK	LOCHABER ATHLETIC CLUB	AEK
MACKAY	ISLA	LOCHABER ATHLETIC CLUB	AB
MACKENZIE	SARAH	LOCHABER ATHLETIC CLUB	AF
MACKIN	JOANNE	LOCHABER ATHLETIC CLUB	AEF
MACKINNON	BARRIE JOHN	LOCHABER ATHLETIC CLUB	A
MACKINNON	VIKKI	LOCHABER ATHLETIC CLUB	AEF
MACKINTOSH	HUGH	LOCHABER ATHLETIC CLUB	AEL
MACLEAN	PAUL	LOCHABER ATHLETIC CLUB	A
MACLEOD	JOHN	LOCHABER ATHLETIC CLUB	AD
MacMASTER	NICOLA	LOCHABER ATHLETIC CLUB	AEF
MACMILLAN	GAVIN	LOCHABER ATHLETIC CLUB	AE
MACMILLAN	ROSS	LOCHABER ATHLETIC CLUB	AE
MACNAB	GRAHAM	LOCHABER ATHLETIC CLUB	AL
MACNEIL	ROBERT	LOCHABER ATHLETIC CLUB	AE
MACPHERSON	THOMAS	LOCHABER ATHLETIC CLUB	A
MACTAVISH	COLIN	LOCHABER ATHLETIC CLUB	AI
McANDREW	COLIN N	LOCHABER ATHLETIC CLUB	AKL
McDERMOTT	MARTIN	LOCHABER ATHLETIC CLUB	ADJ
MERTENS	MARKUS	LOCHABER ATHLETIC CLUB	ADE
METHOLD	HENRY	LOCHABER ATHLETIC CLUB	AL
MUNRO	DAVID	LOCHABER ATHLETIC CLUB	AL
MUNRO	GRAHAM	LOCHABER ATHLETIC CLUB	AD
NESS	CHRISTOPHER	LOCHABER ATHLETIC CLUB	
NESS	JOANNA	LOCHABER ATHLETIC CLUB	AFL
NESS	KATHERINE	LOCHABER ATHLETIC CLUB	F
O'NEILL	DAVID	LOCHABER ATHLETIC CLUB	L
ORR	ERNIE	LOCHABER ATHLETIC CLUB	AI
PATERSON	CHLOE	LOCHABER ATHLETIC CLUB	ADF
PATERSON	DONALD	LOCHABER ATHLETIC CLUB	AD
PEARCE	EMMA	LOCHABER ATHLETIC CLUB	AFL
PETRIE	RICHARD	LOCHABER ATHLETIC CLUB	AD
REID	STUART	LOCHABER ATHLETIC CLUB	A
ROSS	SUSAN JANE	LOCHABER ATHLETIC CLUB	ADF
SEDGWICK	NICK	LOCHABER ATHLETIC CLUB	A
SHARRATT	NICKY	LOCHABER ATHLETIC CLUB	ADF
SMITH	GORDON	LOCHABER ATHLETIC CLUB	AI
STEWART	JOHN	LOCHABER ATHLETIC CLUB	AD
STEWART	RYAN	LOCHABER ATHLETIC CLUB	A
TIGHE	KATHY	LOCHABER ATHLETIC CLUB	AFL
TRAILL	STEVEN	LOCHABER ATHLETIC CLUB	AE
TURNER	RONNIE	LOCHABER ATHLETIC CLUB	AL
VALENTINE	DEBBIE	LOCHABER ATHLETIC CLUB	AF

VALENTINE	YAN	LOCHABER ATHLETIC CLUB	A
WALKER	DAVID	LOCHABER ATHLETIC CLUB	AI
WATT	RUARI	LOCHABER ATHLETIC CLUB	A
WILD	FINLAY	LOCHABER ATHLETIC CLUB	A
WILLETTS	MARK	LOCHABER ATHLETIC CLUB	AEL
WOOD	COLIN	LOCHABER ATHLETIC CLUB	EI
MUNRO	SCOTT	LOCHTAYSIDE	J
ANDERSON	LAURIE	LOMOND HILL RUNNERS	HL
BEEDIE	IAIN	LOMOND HILL RUNNERS	D
BOWMAN	ANGUS	LOMOND HILL RUNNERS	L
BOWMAN	JEAN	LOMOND HILL RUNNERS	FL
CAULKETT	ANDY	LOMOND HILL RUNNERS	D
HALSTEAD	LESLEY	LOMOND HILL RUNNERS	DF
HOLDEN	JOE	LOMOND HILL RUNNERS	I
HOWE	DAVID	LOMOND HILL RUNNERS	DE
JABLONSKI	DEREK	LOMOND HILL RUNNERS	L
LANDELS	BRIAN	LOMOND HILL RUNNERS	L
MACKENZIE	DONALD	LOMOND HILL RUNNERS	D
OSBORN	DAVID	LOMOND HILL RUNNERS	L
PRYDE	GORDON	LOMOND HILL RUNNERS	L
REYNOLDS	COLIN	LOMOND HILL RUNNERS	D
TURNER	DAVID	LOMOND HILL RUNNERS	D
WILSON	COLIN	LOMOND HILL RUNNERS	L
WILSON	JOAN	LOMOND HILL RUNNERS	FL
BATES	PAUL	LONSDALE FELL RUNNERS	I
COLEMAN	JULES	LONSDALE FELL RUNNERS	L
CROWTHER	ANDREW	LONSDALE FELL RUNNERS	D
DOYLE	JOHN	LONSDALE FELL RUNNERS	I
HOLDEN	GRAHAM DAVID	LONSDALE FELL RUNNERS	L
HUMMELINK	RONALD	LONSDALE FELL RUNNERS	E
LUDLEY	KATE	LONSDALE FELL RUNNERS	F
MADDOCKS	ELLIE	LONSDALE FELL RUNNERS	F
MATHER	PHIL	LONSDALE FELL RUNNERS	
MERCKEL	BENJAMIN	LONSDALE FELL RUNNERS	BE
MERCKEL	CHRISTOPHER	LONSDALE FELL RUNNERS	I
MODLEY	HARRY	LONSDALE FELL RUNNERS	BE
MODLEY	JACK	LONSDALE FELL RUNNERS	B
MODLEY	PAUL GRAHAME	LONSDALE FELL RUNNERS	L
WEBB	ROBERT	LONSDALE FELL RUNNERS	
WOOD	ROWAN	LONSDALE FELL RUNNERS	E
BRANNAN	TOSH	LOTHIAN RUNNING CLUB	HL
PARTRIDGE	COLIN	LOTHIAN RUNNING CLUB	E
SINCLAIR	ANDREW	MACCLESFIELD HARRIERS	L
JONES	BERNIE	MALDWYN HARRIERS	EL
MCALEAVY	STUART	MARSH HARRIERS	D
MILLIGAN	KARL ROBERT	MARSH HARRIERS	
FORRESTER	TOBY	MERCIA FELL RUNNERS	E
REYNOLDS	MICHAEL	MERCIA FELL RUNNERS	E
JOHNSTON	STEPHEN	MILBURN HARRIERS	L
COX	ANDEW	MOORFOOT RUNNERS	
LAING	NEIL ALISTAIR	MORAY ROAD RUNNERS	L

MUNRO	GEMMA	MORAY ROAD RUNNERS	
MUNRO	IAN	MORAY ROAD RUNNERS	
HETHERINGTON	NIGEL	MOTHERWELL AC	EL
BAILEY	CLIVE	MOURNE RUNNERS	D
BARTON	MICHAEL	MOURNE RUNNERS	I
BELL	DAVID	MOURNE RUNNERS	L
BELL	RICHARD	MOURNE RUNNERS	
COWAN	RICKY	MOURNE RUNNERS	I
HANNA	RICHARD	MOURNE RUNNERS	
HERRON	DARREN	MOURNE RUNNERS	
HERRON	SAM	MOURNE RUNNERS	
MARKS	WILLIAM	MOURNE RUNNERS	D
MCCANN	EUGENE	MOURNE RUNNERS	L
MCGIMPSEY	GARTH	MOURNE RUNNERS	
JEFFRIES	ROBIN DAVID	MOW COP RUNNERS	DE
SMYTH	LIAM	MURLOUGH AC	D
BAILEY	IAN	NEWCASTLE AC	E
BROGAN	MARTIN	NEWCASTLE AC	DE
CAMPBELL	EAMON	NEWCASTLE AC	D
DEVLIN	RITA	NEWCASTLE AC	DF
GRANT	PETE	NEWCASTLE AC	D
KENDALL	DEBBIE	NEWCASTLE AC	DF
LYNCH	SEAMUS	NEWCASTLE AC	E
McBURNEY	BRIAN	NEWCASTLE AC	L
McCRICKARD	P.J	NEWCASTLE AC	D
RICE	STEPHEN	NEWCASTLE AC	D
STEELE	DAVID	NEWCASTLE AC	
THOMSON	PAULETTE	NEWCASTLE AC	DF
WELLS	BARRY	NEWCASTLE AC	L
WILSON	BRIAN	NEWCASTLE AC	D
DAVIDSON	ALAN FRASER	NIDD VALLEY ROAD RUNNERS	EGL
McALISTER	EMMET	NIMRA	
STEEDE	JONNY	NIMRA	
MARYNICZ	PAUL	NORHAM RC	L
TURNBULL	LES	NORHAM RC	EI
BROWN	GARETH	NORTH AYRSHIRE AC	G
McCALLUM	ALASDAIR	NORTH AYRSHIRE AC	L
HALL	ANN	NORTH LEEDS FELL RUNNERS	EFL
LANE	HILARY	NORTH LEEDS FELL RUNNERS	EFL
NURSE	DOMINIC	NORTH LEEDS FELL RUNNERS	D
RATCLIFF	SHEELAGH	NORTH LEEDS FELL RUNNERS	EFL
ROWE	CHRIS	NORTH SHIELDS POLY	D
HEALY	SAMUEL	NORTH YORK MOORS AC	
AILANO	DAVID	NORTHUMBERLAND FELL RUNNERS	DEG
ARMSTRONG	DAVID	NORTHUMBERLAND FELL RUNNERS	L
CALLCOTT	ANDREW	NORTHUMBERLAND FELL RUNNERS	L
JOHNSON	DAVID	NORTHUMBERLAND FELL RUNNERS	L
ROBINSON	JON	NORTHUMBERLAND FELL RUNNERS	D
SANDERSON	CHRIS	NORTHUMBERLAND FELL RUNNERS	D
TAIT	RICHARD	NORTHUMBERLAND FELL RUNNERS	D
BARLOW	JONATHAN	OCHIL HILL RUNNERS	E

BAXTER	GRANT	OCHIL HILL RUNNERS	D
BAXTER	KATY	OCHIL HILL RUNNERS	DEF
BUCHANAN	PETER	OCHIL HILL RUNNERS	L
CAMPBELL	GRAEME	OCHIL HILL RUNNERS	D
DUNCAN	DAVID	OCHIL HILL RUNNERS	I
GARSDIE	NICOLA	OCHIL HILL RUNNERS	F
GARSDIE	RICHARD	OCHIL HILL RUNNERS	J
HUGHES	BOB	OCHIL HILL RUNNERS	I
KELSALL	FIONA	OCHIL HILL RUNNERS	DF
NASH	SIMON	OCHIL HILL RUNNERS	L
SCOTT	DAVID	OCHIL HILL RUNNERS	L
WATKINSON	BOB	OCHIL HILL RUNNERS	L
RALPHSON	IAIN	PB FITNESS RC	DE
ROBSON	WILLIAM	PB FITNESS RC	D
CAIRNS	GILLIAN	PENICUIK HARRIERS	DEF
DOWNIE	CHRIS	PENICUIK HARRIERS	L
KEMP	SADIE	PENICUIK HARRIERS	EF
CORBETT	GARY	PENNINE FELL RUNNERS	L
DALY	PETE	PENNINE FELL RUNNERS	DE
DEVOY	BERNARD	PORTOBELLO RC	L
HACK	CHRIS	PORTSMOUTH JOGGERS CLUB	I
HARFIELD	PATRICK	PORTSMOUTH JOGGERS CLUB	E
YETTON	DAVID	PORTSMOUTH JOGGERS CLUB	HI
BAMBER	STEVEN	PRESTON HARRIERS	L
ANDERSON	DAVID	PUDSEY AND BRAMLEY AC	D
HARDING	CAROLINE	PUDSEY AND BRAMLEY AC	DF
PEARCE	GRAHAM	PUDSEY AND BRAMLEY AC	
PILLING	GRAHAM	PUDSEY AND BRAMLEY AC	
PILLING	RACHEL	PUDSEY AND BRAMLEY AC	F
SCHRIEBER	JOANNA M	PUDSEY AND BRAMLEY AC	FL
WALLACE	NEIL	PUDSEY PACERS	E
CARTWRIGHT	MARK	RADCLIFFE AC	D
HAYES	SINEAD	RADCLIFFE AC	EF
SWYERS	PAUL	RADCLIFFE AC	DE
WARD	DAVID	RADCLIFFE AC	DE
IWAN	LLION	RHEDWYR ERYRI HARRIERS	D
BERESFORD	LUKE	RIPLEY RUNNING CLUB	E
ENGLISH	SIMON MARTYN	RIPLEY RUNNING CLUB	EG
SMITHURST	WAYNE	RIPLEY RUNNING CLUB	DE
ANDREW	ROB	ROSSENDALE HARRIERS	E
BARNES	IAN	ROSSENDALE HARRIERS	L
BRADLEY	DAVE	ROSSENDALE HARRIERS	D
BRENNAN	PATRICK	ROSSENDALE HARRIERS	
COLE	MAX	ROSSENDALE HARRIERS	DE
CRAVEN	JASON	ROSSENDALE HARRIERS	E
ELLISON	MARCEL	ROSSENDALE HARRIERS	
EVANS	TOBY	ROSSENDALE HARRIERS	DE
HITCHEN	SCOTT	ROSSENDALE HARRIERS	D
HOLT	ASHLEY	ROSSENDALE HARRIERS	DE
LAVELLE	JOHN	ROSSENDALE HARRIERS	EL
LEE	ANDREW	ROSSENDALE HARRIERS	D

MELIA	JONATHAN	ROSSENDALE HARRIERS	DE
MURPHY	DAVID	ROSSENDALE HARRIERS	DE
MURPHY	NATALIE	ROSSENDALE HARRIERS	DEF
NUTTALL	PETER	ROSSENDALE HARRIERS	HL
PRESTON	ANDY	ROSSENDALE HARRIERS	E
RAIDY	DAVINA	ROSSENDALE HARRIERS	DEF
SADLER	SCOTT	ROSSENDALE HARRIERS	
TINMAN	JON	ROSSENDALE HARRIERS	L
TOMAN	MICHAEL	ROSSENDALE HARRIERS	L
TOSH	SAMUEL	ROSSENDALE HARRIERS	
TURNER	RONNIE	ROSSENDALE HARRIERS	L
YEOMANS	ALLAN	ROSSENDALE HARRIERS	L
YEOMANS	HELEN	ROSSENDALE HARRIERS	FL
YEOMANS	SARAH	ROSSENDALE HARRIERS	CF
GARDENER	PETER JAMES	ROYAL AIR FORCE	C
HUTCHISON	STUART	SADDLEWORTH RUNNERS	
LEE	JOHN	SADDLEWORTH RUNNERS	L
WOLSTENHOLME	BENJAMIN	SADDLEWORTH RUNNERS	E
ROGERSON	MARK	SETTLE HARRIERS	E
MACKIE	PETER	SHETTLESTON HARRIERS	
TILL	DAVE	SKYE & LOCHALSH RUNNING CLUB	L
DOW	ROBIN HAMISH	SOUTH LONDON HARRIERS	DE
HOLDEN	DAVID	SPRINGWELL RUNNERS	CE
PETRIE	DANIEL JAMES	STELLA ATHLETICS CLUB	E
GOULSBRA	ROBERT	STOCKPORT HARRIERS AC	
TAIT	RICHARD	SWALEDALE OUTDOOR CLUB	I
HUNTLEY	CHRIS	TINTO HILL RUNNERS	L
ALLAN	JOHN	TODMORDEN HARRIERS	E
ANDERTON	SIMON	TODMORDEN HARRIERS	L
BARBER	NICK	TODMORDEN HARRIERS	E
BRIERLEY	KATHLEEN	TODMORDEN HARRIERS	FL
BURNETT	LUCY	TODMORDEN HARRIERS	DEF
GOTH	MANDY	TODMORDEN HARRIERS	FHL
HALSTEAD	BOB	TODMORDEN HARRIERS	EL
HORSFALL	ANDREW GLEN	TODMORDEN HARRIERS	L
HOWARD	MICHAEL	TODMORDEN HARRIERS	L
PATTEN	KIRSTY	TODMORDEN HARRIERS	EF
RILEY	JAMES	TODMORDEN HARRIERS	D
STANSFIELD	CRAIG	TODMORDEN HARRIERS	D
TAYLOR	DANIEL	TODMORDEN HARRIERS	
WATKINS	RHYS	TODMORDEN HARRIERS	L
WHITAKER	MARK	TODMORDEN HARRIERS	KL
WRENCH	ANDREW	TODMORDEN HARRIERS	L
WRIGHT	JONATHAN	TODMORDEN HARRIERS	DG
HODGSON	PHIL	TODMORDEN HARRIERS	L
GRAHAM	ANDREW	TRAWDEN AC	D
WALLWORK	ADAM	TRAWDEN AC	E
CAMERON	ALAN	VALE ROYAL ATHLETICS CLUB	
EBERHARD	MATTHEW THESEN	VICTORIA PARK HARRIERS ATHLETICS CLUB	E
CASHMAN	TRACEY	WEE COUNTY HARRIERS	DF
BIDDLE	ANDREW	WEST PENNINE RUNNERS	I

ADAM	SARAH	WESTERLANDS CCC	F
ARNOTT	LUKE	WESTERLANDS CCC	D
BRUNTON	VAL	WESTERLANDS CCC	FL
BULLOCH	GORDON	WESTERLANDS CCC	D
CALLENDER	JAMES	WESTERLANDS CCC	E
DOUGLAS	GEORGE	WESTERLANDS CCC	L
GARDINER	PAULA	WESTERLANDS CCC	DF
GILKINSON	ALAN	WESTERLANDS CCC	D
GILLESPIE	GAYNOR	WESTERLANDS CCC	F
GORMAN	MANUEL	WESTERLANDS CCC	D
KELLY	GRAHAM	WESTERLANDS CCC	D
LEE	DOUGLAS	WESTERLANDS CCC	EL
MACINNES	ALASDAIR	WESTERLANDS CCC	E
MACLEOD	MURDO	WESTERLANDS CCC	H
MACPHERSON	HELEN	WESTERLANDS CCC	FL
MENHENNET	CHRISTINE	WESTERLANDS CCC	FL
MIDGLEY	PETER	WESTERLANDS CCC	EL
PAUL	BRENDA	WESTERLANDS CCC	F
ROGERS	DAVID	WESTERLANDS CCC	L
ROPER	MARC	WESTERLANDS CCC	L
STEWART	GREGOR	WESTERLANDS CCC	
WALKER	IAIN	WESTERLANDS CCC	C
BAISTOW	SCOTT	WHARFEDALE HARRIERS	B
BARBER	PIERS	WHARFEDALE HARRIERS	L
BENNETT	MARK	WHARFEDALE HARRIERS	
BLACK	MICHAEL	WHARFEDALE HARRIERS	L
CHARLESWORTH	NICHOLAS	WHARFEDALE HARRIERS	D
DODD	EMMA	WHARFEDALE HARRIERS	F
FARRAR	MARTIN	WHARFEDALE HARRIERS	L
LIVESEY	KIRT	WHARFEDALE HARRIERS	DK
McGOLDRICK	MARK	WHARFEDALE HARRIERS	
NEWMAN	CHRIS	WHARFEDALE HARRIERS	G
PEMBERTON	GARETH	WHARFEDALE HARRIERS	
RILEY	SPENCER	WHARFEDALE HARRIERS	D
SENNETT	MARC	WHARFEDALE HARRIERS	E
TAYLOR	NEIL RUSSELL	WHARFEDALE HARRIERS	L
WATSON	SAM	WHARFEDALE HARRIERS	
WHITEOAK	CHRIS	WHARFEDALE HARRIERS	
SHEPHERD	ROBERT	WOOLER RUNNING CLUB	K