

## **Ben Nevis Race Runners 2024**

<b>Bib No.</b>	<b>Name</b>	<b>Club</b>	<b>Cat.</b>	<b>C. Plaque</b>	<b>Races</b>
1	David Ryder	Achille Ratti Climbing Club	MV40	-	1
2	Neil Ashcroft	Ambleside AC	MV50	-	8
3	Will Barton	Ambleside AC	SEN M	-	0
4	Matthew Elkington	Ambleside AC	SEN M	-	1
5	Konrad Koniarczyk	Ambleside AC	SEN M	-	1
6	Sean Leckey	Ambleside AC	SEN M	-	0
7	Eve Pannone	Ambleside AC	SEN F	-	0
8	Daz Slater	Ambleside AC	MV40	-	0
9	Kirstie Smith	Arran Runners	FV40	-	1
10	Will Broad	Ashbourne Running Club	SEN M	-	1
11	Mark Dugan	Ballydrain Harriers	MV50	-	0
12	Graham Hill	Ballydrain Harriers	MV50	-	0
13	James Lappin	Ballydrain Harriers	MV40	-	0
14	Debbie Mingout	Ballydrain Harriers	FV40	-	0
15	Amanda Perry	Ballydrain Harriers	FV50	-	0
16	Paddy Ritchie	Ballydrain Harriers	MV50	-	0
17	Andrew Wallace	Ballydrain Harriers	MV50	-	0
18	Duncan Millar	Ballymena Runners	MV50	-	2
19	Zachary Askham	BARF	SEN M	-	0
20	Clarke Campbell	BARF	MV50	-	1
21	Ronan Davison-Kerna	BARF	SEN M	-	0
22	Andrew Harvey	BARF	MV50	-	0
23	William Imrie	BARF	SEN M	-	0
24	Andrew Mc Gibbon	BARF	MV50	-	0
25	Niall McCartan	BARF	SEN M	-	0
26	Sharon McCracken	BARF	FV40	-	0
27	Declan McGrellis	BARF	MV50	-	0
28	Kathleen Monteverde	BARF	FV60	-	1
29	Jack Proctor	BARF	SEN M	-	0
30	Fiona Simms	BARF	SEN F	-	0
31	Andrew Tees	BARF	MV40	-	0
32	John Boothman	Barlick Fell Runners	MV60	-	5
33	David Mirfield	Barlick Fell Runners	MV40	-	1
34	David Poole	Barlick Fell Runners	MV40	-	3
35	Stephen Shorrocks	Barlick Fell Runners	MV40	-	2
36	Andrew Smith	Barlick Fell Runners	MV60	-	6
37	Katie Towers	Barlick Fell Runners	FV40	-	1
38	Ian Hawley	Barrow Runners	MV40	-	0
39	Simon McDougall	Bellahouston Harriers	MV40	-	1
40	Richard Rose-Coultha	Billinge Running Club	SEN M	-	0
41	Ethan Furness	Black Combe Runners	SEN M	-	1
42	Simon Rodger	Black Combe Runners	MV40	-	0
43	Ross Spruce	Black Combe Runners	SEN M	-	0

44	Karl Tumelty	Black Combe Runners	MV40	-	1
45	Shaun Graham	BNRA	SEN M	-	2
46	Daniel Stewart	BNRA	SEN M	-	1
47	Steven Stewart	BNRA	SEN M	-	1
48	Martin Walsh	Bowland Fell Runners	MV70	-	23
49	Lucas Parker	Bramhall Runners	SEN M	-	0
50	Jez Brown	Buckley Runners	MV50	-	1
51	Oliver Beaumont	Calder Valley Fell Runners	SEN M	-	1
52	Adam Breaks	Calder Valley Fell Runners	MV40	-	4
53	Stephen Smithies	Calder Valley Fell Runners	MV50	-	13
54	Derek Cassells	Carnegie Harriers	MV50	-	8
55	Kevin Davie	Carnegie Harriers	MV40	-	0
56	Steven King	Carnegie Harriers	MV50	-	11
57	Ali Black	Carnethy HRC	MV40	-	3
58	Andrew Cross	Carnethy HRC	MV40	-	3
59	Iain Gilmore	Carnethy HRC	SEN M	-	6
60	Neil Gilmore	Carnethy HRC	MV60	-	5
61	Alan Hogg	Carnethy HRC	MV60	-	2
62	Drew Lennie	Carnethy HRC	MV60	-	19
63	Calum Martin	Carnethy HRC	MV40	-	4
65	Liam Riggans	Carnethy HRC	MV40	-	1
66	Darrel Wood	Carnethy HRC	SEN M	-	0
67	Allan Gall	Central Athletics Club	MV60	-	11
68	Neil Hardiman	Clayton-le-Moors Harriers	MV50	-	14
69	Ben Nield	Clayton-le-Moors Harriers	SEN M	-	1
70	David Nield	Clayton-le-Moors Harriers	MV60	-	33
71	Barbara Savage	Clayton-le-Moors Harriers	FV60	-	14
72	Rory Macpherson	Cosmic Hillbashers	MV40	-	1
73	Dennis McDonald	Cosmic Hillbashers	MV60	-	13
74	Tom Richmond	Cosmic Hillbashers	SEN M	-	0
75	Ally Sutherland	Cosmic Hillbashers	MV40	-	3
76	Clyde Williamson	Cosmic Hillbashers	SEN M	-	3
77	Jason Williamson	Cosmic Hillbashers	MV50	-	19
78	Matt Deamer	Cuillin Dubh Running Club	SEN M	-	1
79	Matt Hunt	Cuillin Dubh Running Club	SEN M	-	0
80	Ian Silvester	Cuillin Dubh Running Club	MV60	-	0
81	Eilidh Towers	Cuillin Dubh Running Club	SEN F	-	0
82	Alex Walmsley	Cuillin Dubh Running Club	SEN M	-	0
83	Paul Johnston	Cumberland Fell Runners	MV50	-	3
84	Walter Henderson	Cumbernauld AAC	MV50	-	3
85	Will Carter	Dark Peak Fell Runners	SEN M	-	0
86	Mark Jones	Dark Peak Fell Runners	SEN M	-	0
87	Richard Bannister	Deeside Runners	MV40	-	0
88	Rory Bell	Deeside Runners	SEN M	-	2
89	Liam Clark	Deeside Runners	SEN M	-	0
90	Fergus Johnston	Deeside Runners	MV40	-	2
91	Donald Kerridge	Deeside Runners	MV50	-	7
92	Mark Macdonald	Deeside Runners	MV40	-	0

93	Stuart Pringle	Deeside Runners	MV40	-	2
94	Alan Smith	Deeside Runners	MV60	-	14
95	Adam McDonnell	Denbigh Harriers	MV50	-	0
96	Tony Wood	Denbigh Harriers	SEN M	-	1
97	Mark Story	DH Runners	MV50	-	0
98	Matt Gittins	Didsbury Runners	MV40	-	1
99	Alan Elwood	Dromore AC	MV50	-	6
100	Adam Dickie	Dumfries Running Club	MV40	-	4
101	Mohammed Khan	Dumfries Running Club	MV40	-	8
102	Terry McCloskey	Dumfries Running Club	MV40	-	0
103	Ronald Fraser	Dundee Road Runners	MV60	-	2
104	L Hamilton	Dundee Road Runners	SEN M	-	0
105	Emma Stewart	Dunoon Hill Runners	FV40	-	0
106	Tom Carter	Durham Fell Runners	SEN M	-	0
107	Megan Williams	Durham Fell Runners	SEN F	-	1
108	Martin Wilson	Durham Fell Runners	MV40	-	0
109	Andrew Elwood	Durham University Athletics ar	SEN M	-	3
110	Matthew Steel	Eden Runners	SEN M	-	0
111	David Williams	Ellenborough AC	MV40	-	0
112	David Prytherch	Eryri Harriers	MV50	-	15
113	Lizzie Richardson	Eryri Harriers	SEN F	-	0
114	Glenn Barclay	Fife Athletic Club	SEN M	-	0
115	Stephen Dickson	Fife Athletic Club	MV50	-	0
116	Clive Roberts	Fife Athletic Club	MV60	-	16
117	Craig Roberts	Fife Athletic Club	SEN M	-	2
118	Tania Wilson	Fife Athletic Club	FV60	-	1
119	Mark Graham	FRA	MV60	-	19
120	Samuel Newell	FRA	MV60	-	3
121	Keith Mcintyre	Fraserburgh running club	MV40	-	0
122	Iain Stewart	Gala Harriers	MV40	-	0
123	David Clark	Garioch Road Runners	MV50	-	8
124	Colin Brash	Girvan Athletic Club	MV50	-	17
125	Craig Murphy	Girvan Athletic Club	MV50	-	8
126	John Marrs	Glens Runners	MV40	-	1
127	Dominic McLarnon	Glens Runners	MV40	-	0
128	Jonny Steede	Glens Runners	MV40	-	13
129	Chris Jackson	Glossopdale Harriers	SEN M	-	4
130	Ka Hei Marco Lam	Harmeny AC	MV40	-	0
131	Nicky Bardsley	Hartfell Hill Runners	MV40	-	0
132	Claire Ingram	Hartfell Hill Runners	FV40	-	1
133	Craig Malcolmson	Hartfell Hill Runners	MV60	-	10
134	Brett Plummer	Hartfell Hill Runners	SEN M	-	0
135	Kevin Plummer	Hartfell Hill Runners	MV50	-	8
136	Ally Wight	Hartfell Hill Runners	MV50	-	2
137	Russell Cannon	Helm Hill Runners	MV60	-	21
138	Sam Dixon	Helm Hill Runners	SEN M	-	0
139	Bianca Dyer	Helm Hill Runners	FV50	-	2
140	Peter German	Helm Hill Runners	MV40	-	1

141	Jo Hickman Dunne	Helm Hill Runners	SEN F	-	0
142	Joe Kenny	Helm Hill Runners	SEN M	-	0
143	Chloe Lumsdon	Helm Hill Runners	SEN F	-	1
144	Janie Oates	Helm Hill Runners	SEN F	-	0
145	James Parsons	Helm Hill Runners	MV40	-	1
146	Barney Plummer	Helm Hill Runners	SEN M	-	1
147	Paul Reilly	Helm Hill Runners	MV40	-	7
148	Marie Robson	Helm Hill Runners	FV50	-	5
149	David Sanderson	Helm Hill Runners	MV50	-	0
150	Charlotte Williamson	Helm Hill Runners	SEN F	-	0
151	Nigel Wood	Helm Hill Runners	MV40	-	9
152	Douglas Bartholomew	Highland Hill Runners	SEN M	-	0
153	Graeme Brown	Highland Hill Runners	MV40	-	3
154	Kenneth Buchanan	Highland Hill Runners	MV40	-	1
155	Francisco Javier Cabr	Highland Hill Runners	MV40	-	7
156	Jason Dobson	Highland Hill Runners	SEN M	-	0
157	Andrew Gilmore	Highland Hill Runners	SEN M	-	5
158	Robin Howie	Highland Hill Runners	SEN M	-	3
159	Iain MacLennan	Highland Hill Runners	MV50	-	3
160	Stuart Malcolm	Highland Hill Runners	MV50	-	10
161	Keith Ratcliff	Highland Hill Runners	SEN M	-	1
162	Bob Swift	Highland Hill Runners	SEN M	-	0
163	Frederick Swift	Highland Hill Runners	SEN M	-	3
164	Georgia Tindley	Highland Hill Runners	SEN F	-	1
165	Stewart Wilson	Highland Hill Runners	MV50	-	15
166	Andy Haines	Holcombe Harriers	MV40	-	0
167	Andrew Hallam	Holcombe Harriers	MV40	-	3
168	Graham Stevens	Holcombe Harriers	MV50	-	2
169	Neil Swan	Holcombe Harriers	MV40	-	3
171	Greg Webster	Holcombe Harriers	MV50	-	0
172	Julian Rank	Holmfirth Harriers AC	MV60	Yes	20
173	Andrew Shaw	Holmfirth Harriers AC	MV60	-	17
174	Richard Garratt	Hyde Park Harriers	MV40	-	0
175	Adam Lomas	Hyde Park Harriers	SEN M	-	3
176	Jennifer Rees-Jenkins	Insch Trail Running Club	FV40	-	0
177	Helen Leigh	Inverness Harriers	SEN F	-	4
178	Tommy Begley	Irvine Running Club	MV50	-	9
179	Cam Stephen	Jog Scotland	SEN M	-	0
180	Tom Day	Keswick AC	SEN M	-	1
181	Caroline Lambert	Keswick AC	SEN F	-	0
182	Roderick Pugh	Kilmarnock Harrier & Athletic C	MV60	-	23
183	David White	Kilmarnock Harrier & Athletic C	MV50	-	25
184	Alex Reily	Kinross Road Runners	SEN M	-	0
185	Billy Webster	Kinross Road Runners	MV50	-	2
186	David Allsop	Kirkintilloch Olympians	MV50	-	5
187	Sinead-Marie Mcallister	LARNE AC	SEN F	-	0
188	Jamie Entwistle	Lauderdale Limpers Running C	SEN M	-	0
189	Alex Hastings	Lauderdale Limpers Running C	SEN M	-	0

190	David Mason	Linlithgow Athletic Club	MV50	-	5
191	Jessica Acheson	Lochaber Athletic Club	SEN F	-	2
192	Harry Auty	Lochaber Athletic Club	SEN M	-	0
193	Andrew Barrington	Lochaber Athletic Club	SEN M	-	4
194	Michael Bell	Lochaber Athletic Club	MV50	-	12
195	Sara Mair Bellshaw	Lochaber Athletic Club	FV40	-	4
196	Fergus Berardelli	Lochaber Athletic Club	SEN M	-	0
197	Peter Berrie	Lochaber Athletic Club	MV70	-	3
198	Keith Beveridge	Lochaber Athletic Club	MV40	-	3
199	Amanda Blackhall	Lochaber Athletic Club	FV50	Yes	20
200	Innes Blackhall	Lochaber Athletic Club	SEN M	-	2
201	Robyn Blackhall	Lochaber Athletic Club	SEN F	-	0
202	Emma Britton	Lochaber Athletic Club	FV40	-	9
203	Drew Broadley	Lochaber Athletic Club	MV60	-	19
204	Andrew Cameron	Lochaber Athletic Club	MV40	-	0
205	Angus Cameron	Lochaber Athletic Club	SEN M	-	4
206	Fraser Cameron	Lochaber Athletic Club	SEN M	-	1
207	Martyn Cameron	Lochaber Athletic Club	SEN M	-	0
208	William Cameron	Lochaber Athletic Club	MV50	-	6
209	Brian Campbell	Lochaber Athletic Club	MV60	-	12
210	Garry Campbell	Lochaber Athletic Club	SEN M	-	1
211	Robbie Cant	Lochaber Athletic Club	MV50	-	15
212	Claire Chrystal	Lochaber Athletic Club	SEN F	-	0
213	Sean Comiskey	Lochaber Athletic Club	MV40	-	1
214	James Cooper	Lochaber Athletic Club	SEN M	-	2
215	Julie Corner	Lochaber Athletic Club	FV50	-	25
216	Russell Corrigan	Lochaber Athletic Club	MV40	-	0
217	Alice Currie	Lochaber Athletic Club	SEN F	-	1
218	Jamie Currie	Lochaber Athletic Club	MV40	-	2
219	Pawel Cymbalista	Lochaber Athletic Club	SEN M	-	6
220	Gregor Davidson	Lochaber Athletic Club	MV40	-	6
221	Ed Daynes	Lochaber Athletic Club	MV50	-	14
222	Ben Dodman	Lochaber Athletic Club	MV40	-	7
223	Christopher Donnelly	Lochaber Athletic Club	SEN M	-	1
224	Rhys Donnelly	Lochaber Athletic Club	SEN M	-	0
225	Robin Downie	Lochaber Athletic Club	SEN M	-	1
226	Simon Drysdale	Lochaber Athletic Club	SEN M	-	2
227	Alison Du Plessis	Lochaber Athletic Club	SEN F	-	0
228	Christoff Du Plessis	Lochaber Athletic Club	SEN M	-	1
229	Malcolm Easson	Lochaber Athletic Club	MV60	-	2
230	Ross Ellison	Lochaber Athletic Club	SEN M	-	0
231	George Fisher	Lochaber Athletic Club	SEN M	-	0
232	Iain Foggo	Lochaber Athletic Club	SEN M	-	2
233	Damian Forster	Lochaber Athletic Club	MV50	-	25
234	Johnny Forster	Lochaber Athletic Club	SEN M	-	1
235	Nicola Forster	Lochaber Athletic Club	FV50	-	24
236	Callum Fraser	Lochaber Athletic Club	SEN M	-	7
237	Finlay Fraser	Lochaber Athletic Club	SEN M	-	0

238	Lewis Fyfe	Lochaber Athletic Club	SEN M	-	8
239	Connor Gamble	Lochaber Athletic Club	SEN M	-	1
240	Michael Gillespie	Lochaber Athletic Club	SEN M	-	4
241	Hannah Godden	Lochaber Athletic Club	SEN F	-	0
242	Mark Grant	Lochaber Athletic Club	SEN M	-	1
243	Jamie Hageman	Lochaber Athletic Club	MV40	-	2
244	Jonathan Hawkins	Lochaber Athletic Club	SEN M	-	0
245	Ewen Henderson	Lochaber Athletic Club	SEN M	-	0
246	Matthew Jones	Lochaber Athletic Club	SEN M	-	0
247	Liam Jordan	Lochaber Athletic Club	SEN M	-	2
248	Ali Kennedy	Lochaber Athletic Club	MV60	-	15
249	Michaela Kennedy	Lochaber Athletic Club	SEN F	-	1
250	Peter Kennedy	Lochaber Athletic Club	MV50	-	19
251	Sarah Kennedy	Lochaber Athletic Club	SEN F	-	0
252	David Lamond	Lochaber Athletic Club	SEN M	-	0
253	Donald Lamont	Lochaber Athletic Club	SEN M	-	2
254	Kenny Lang	Lochaber Athletic Club	MV50	-	7
255	Angus Lawrie	Lochaber Athletic Club	MV40	-	0
256	Niall MacBeath	Lochaber Athletic Club	MV50	-	21
257	Ashley MacDonald	Lochaber Athletic Club	SEN F	-	1
258	Donna MacDonald	Lochaber Athletic Club	FV50	-	11
259	John Lawrie MacDona	Lochaber Athletic Club	MV40	-	4
260	Martin Macdonald	Lochaber Athletic Club	MV40	-	1
261	Matt MacDonald	Lochaber Athletic Club	SEN M	-	9
262	Sarah MacDonald	Lochaber Athletic Club	SEN F	-	8
263	Steve Macdonald	Lochaber Athletic Club	MV40	-	7
264	Shelley MacGillivray	Lochaber Athletic Club	SEN F	-	1
265	Ian Macintyre	Lochaber Athletic Club	MV40	-	2
266	Isla Mackay	Lochaber Athletic Club	SEN F	-	6
267	Ryan MacKay	Lochaber Athletic Club	SEN M	-	2
268	Fraser MacKenzie	Lochaber Athletic Club	SEN M	-	4
269	Ruaraidh MacKenzie	Lochaber Athletic Club	SEN M	-	4
270	Joanne Mackin	Lochaber Athletic Club	FV40	-	5
271	Barrie MacKinnon	Lochaber Athletic Club	MV40	-	7
272	Gordon Mackinnon	Lochaber Athletic Club	MV40	-	6
273	Hugh MacKintosh	Lochaber Athletic Club	MV60	-	1
274	Robert Maclean	Lochaber Athletic Club	MV50	-	6
275	Rachael Macpherson	Lochaber Athletic Club	SEN F	-	0
276	Farquhar MacRae	Lochaber Athletic Club	SEN M	-	0
277	Olivia MacRae	Lochaber Athletic Club	FV40	-	1
279	Kenneth Martin	Lochaber Athletic Club	SEN M	-	0
280	Nathan Martin	Lochaber Athletic Club	MV50	-	11
281	Stephen McAlister	Lochaber Athletic Club	SEN M	-	4
282	Jamie Mcconnell	Lochaber Athletic Club	SEN M	-	0
283	Kenneth McIntyre	Lochaber Athletic Club	MV60	-	2
284	Andrew Mclean	Lochaber Athletic Club	SEN M	-	1
285	Kyle McLennan	Lochaber Athletic Club	SEN M	-	0
286	Marie Meldrum	Lochaber Athletic Club	FV40	-	7

287	Henry Methold	Lochaber Athletic Club	MV60	Yes	20
288	Eilidh Moynihan	Lochaber Athletic Club	SEN F	-	0
289	Gemma Munro	Lochaber Athletic Club	SEN F	-	5
290	Graham Munro	Lochaber Athletic Club	MV50	-	14
291	Iain Murray	Lochaber Athletic Club	MV50	-	2
292	Joanna Ness	Lochaber Athletic Club	FV60	-	19
293	Máirín-Rua Ní Aodha	Lochaber Athletic Club	SEN F	-	0
294	Ruairdh Oliver-Jones	Lochaber Athletic Club	SEN M	-	1
295	Huw Oliver	Lochaber Athletic Club	SEN M	-	0
296	Aiden Page	Lochaber Athletic Club	SEN M	-	1
297	Ailsa Pooleman	Lochaber Athletic Club	SEN F	-	1
298	Ian Pooleman	Lochaber Athletic Club	SEN M	-	1
299	Samantha Potter	Lochaber Athletic Club	SEN F	-	1
300	Darren Quigg	Lochaber Athletic Club	SEN M	-	3
301	Debbie Reynolds	Lochaber Athletic Club	FV50	-	1
302	Sarah Riddle	Lochaber Athletic Club	FV40	-	0
303	David Rodger	Lochaber Athletic Club	MV40	-	6
304	Emma Rodger	Lochaber Athletic Club	FV40	-	1
305	Alan Ross	Lochaber Athletic Club	MV40	-	4
306	Susan-Jane Ross	Lochaber Athletic Club	FV50	-	21
307	Matthew Rowbottom	Lochaber Athletic Club	SEN M	-	2
308	Nick Sedgwick	Lochaber Athletic Club	MV40	-	9
309	Grainne Shaw	Lochaber Athletic Club	FV40	-	1
310	Lyndsey Shaw	Lochaber Athletic Club	FV40	-	13
311	Richard Shaw	Lochaber Athletic Club	MV60	-	16
312	Ruairidh Shaw	Lochaber Athletic Club	SEN M	-	4
313	Blair Simpson	Lochaber Athletic Club	SEN M	-	0
314	Laura Simpson	Lochaber Athletic Club	SEN F	-	0
315	Jay Slater	Lochaber Athletic Club	SEN F	-	0
316	Ben Smith-Price	Lochaber Athletic Club	SEN M	-	0
317	Sam Spinney	Lochaber Athletic Club	MV40	-	1
318	Joseph Tangney	Lochaber Athletic Club	SEN M	-	4
319	James Tedham	Lochaber Athletic Club	MV40	-	0
320	Ewan Thorburn	Lochaber Athletic Club	MV40	-	3
321	Fiona Tinnion	Lochaber Athletic Club	SEN F	-	0
322	Esmond Tresidder	Lochaber Athletic Club	MV40	-	5
323	Charles Troman	Lochaber Athletic Club	SEN M	-	0
324	Chloe Valentine	Lochaber Athletic Club	FV50	-	17
325	Neil Walker	Lochaber Athletic Club	MV40	-	2
326	Ben Wallace	Lochaber Athletic Club	MV40	-	0
327	Lisette Walter	Lochaber Athletic Club	FV40	-	4
328	Oli Warlow	Lochaber Athletic Club	SEN M	-	1
329	Ruari Watt	Lochaber Athletic Club	MV40	-	11
330	Rebecca Weeks	Lochaber Athletic Club	SEN F	-	0
331	David Whyte	Lochaber Athletic Club	MV40	-	2
332	Jake Willis	Lochaber Athletic Club	MV40	-	1
333	Andrew Wilson	Lochaber Athletic Club	SEN M	-	1
334	Bronagh Wishart	Lochaber Athletic Club	SEN F	-	2

335	Stephen Rawlinson	Lochtayside	SEN M	-	0
336	Christopher Darling	Lomond Hill Runners	MV40	-	4
337	Gordon Pryde	Lomond Hill Runners	MV60	-	23
338	Denise Purves	Lomond Hill Runners	FV50	-	4
339	Iain Simpson	Lomond Hill Runners	MV50	-	2
340	Bruce Smith	Lomond Hill Runners	MV60	Yes	20
341	Tyler Stevenson	Lomond Hill Runners	SEN M	-	1
342	Fabienne Thompson	Lomond Hill Runners	FV50	-	3
343	Iain Thomson	Lomond Hill Runners	MV40	-	2
344	Cameron Watson	Lomond Hill Runners	MV50	-	6
345	Colin Wilson	Lomond Hill Runners	MV60	-	18
346	Joan Wilson	Lomond Hill Runners	FV60	-	18
347	Paul Bates	Lonsdale Fell Runners	MV70	-	25
348	Andrew Crowther	Lonsdale Fell Runners	MV50	-	10
349	Tony Logan	Lonsdale Fell Runners	MV70	-	5
350	Kate Ludley	Lonsdale Fell Runners	FV40	-	9
351	Harry Modley	Lonsdale Fell Runners	SEN M	-	2
352	Paul Modley	Lonsdale Fell Runners	MV60	-	10
353	Kenneth Murphy	Lonsdale Fell Runners	MV50	-	7
354	Terence Brannan	Lothian Running Club	MV60	-	24
355	Oliver Barber	Macclesfield Harriers & AC	MV40	-	0
356	David Clifton	Matlock Athletic Club	SEN M	-	0
357	Geoff Cooper	Matlock Athletic Club	MV50	-	6
358	Joe Oldfield	Matlock Athletic Club	SEN M	-	0
359	Shona Moore	Mersey Tri	SEN F	-	1
360	Ian Roche	Mersey Tri	MV60	-	1
361	Al Smithson	Mersey Tri	MV40	-	3
363	William Halliday	Mid Argyll Triathlon and Cycle	MV60	-	14
364	Stephen McDougall	Middlesbrough & Cleveland Harriers	SEN M	-	2
365	Stephen Johnston	Milburn Harriers	MV60	-	17
366	Liam Collins	Moray Road Runners	SEN M	-	0
367	David Bell	Mourne Runners	MV60	-	19
368	Ricky Cowan	Mourne Runners	MV70	Yes	20
369	Sharon Dickenson	Mourne Runners	FV40	-	1
370	Richard Hanna	Mourne Runners	SEN M	-	14
371	Sam Herron	Mourne Runners	MV40	-	13
372	Ciarán McAleenan	Mourne Runners	MV60	-	5
373	Joshua Mcatee	Mourne Runners	SEN M	-	0
374	Garth McGimpsey	Mourne Runners	MV40	-	9
375	Rona Davies	Mynydd Du Mountain Runners	FV60	-	2
376	Emma McWilliams	Mynydd Du Mountain Runners	FV40	-	2
377	Rhian Probert	Mynydd Du Mountain Runners	FV50	-	4
378	Tom Turner	Mynydd Du Mountain Runners	SEN M	-	1
379	Wyndham Turner	Mynydd Du Mountain Runners	SEN M	-	1
380	Sharon Woods	Mynydd Du Mountain Runners	FV60	-	0
381	Tom Crudgington	Newcastle and district AC	SEN M	-	0
382	David Hicks	Newcastle and district AC	MV40	-	1
383	Paul Marynicz	Norham Running Club	MV60	-	12

384	Jenny Lea	North Leeds Fell Runners	SEN F	-	0
385	Ellis Maguire	North Leeds Fell Runners	SEN F	-	0
386	William White	North Leeds Fell Runners	SEN M	-	0
387	Trevor Symonds	Northern Fells Running Club	MV60	-	16
388	David Armstrong	Northumberland Fell Runners	MV60	-	26
389	Adam Malloy	Northumberland Fell Runners	MV40	-	1
390	Gary Mason	Northumberland Fell Runners	MV50	-	3
392	Ross Robertson	Northumberland Fell Runners	MV40	-	1
393	Chris Rowe	Northumberland Fell Runners	MV40	-	9
394	Laura Taylor	Northumberland Fell Runners	SEN F	-	0
395	Mark Baugh	Ochil Hill Runners	MV50	-	4
396	Daniel Clarke	Ochil Hill Runners	MV40	-	1
397	John Donnelly	Ochil Hill Runners	MV50	-	1
398	Simon Johnson	Ochil Hill Runners	MV50	-	3
400	Stuart Simpson	Ochil Hill Runners	MV50	-	16
401	Ross Spalding	Ochil Hill runners	SEN M	-	5
402	Simon Templeman	Ochil Hill Runners	MV50	-	11
403	Alistair Thornton	Ochil hill runners	SEN M	-	1
404	Philip Williamson	Ochil Hill Runners	MV60	-	0
405	Daniel Latham	Pennine Fell Runners	SEN M	-	4
406	Matt Owens	Pennine Fell Runners	MV40	-	1
407	David Soles	Pennine Fell Runners	MV60	-	11
408	Samuel Soles	Pennine Fell Runners	SEN M	-	1
409	Allan Ferguson	Perth Road Runners	MV40	-	5
410	Billy Stewart	PH Racing Club	SEN M	-	1
411	Judith Turner	PH Racing Club	FV50	-	3
412	Melissa Beattie	Ponteland Runners	SEN F	-	0
413	Jonathon Freke	Pudsey & Bramley AC	SEN M	-	0
414	Caroline Harding	Pudsey & Bramley AC	FV50	-	12
415	Conor Parkes	Pudsey & Bramley AC	SEN M	-	0
416	Rachel Pilling	Pudsey & Bramley AC	FV40	-	7
417	Joanna Schreiber	Pudsey & Bramley AC	FV50	-	13
418	Ian Swan	Radcliffe AC	MV40	-	1
419	Paul Darroch	Redcar Running Club	SEN M	-	0
420	Goronwy Hughes	Rhedwyr Hebog Runners	MV50	-	5
422	Sean Greenwood	Rossendale Harriers & AC	SEN M	-	0
423	Andrew Lee	Rossendale Harriers & AC	MV50	-	30
424	Seamus O'Riordan	Rossendale Harriers & AC	MV50	-	1
425	Marcus Preedy	Rossendale Harriers & AC	SEN M	-	3
426	Craig Stansfield	Rossendale Harriers & AC	MV50	-	13
427	Gordon Mackenzie	Scottish Police Athletics	MV40	-	4
428	Mark McGoldrick	Settle Harriers	MV40	-	15
429	Ryad Chebbout	Shettleston Harriers	SEN M	-	0
430	Chris Grant Pantrey	Shettleston Harriers	MV40	-	0
431	Gemma Griffiths	Shettleston Harriers	SEN F	-	0
432	Peter Mackie	Shettleston Harriers	MV40	-	10
433	Paul Doxford	South Shields Harriers & AC	MV60	-	0
434	Carolyn Crawford	Springwell Running Club	FV40	-	0

435	Daniel Stratford	St Brigids AC	SEN M	-	0
436	Patrick Stratford	St Brigids AC	MV50	-	1
437	Ian Hayburn	St Helens Sutton AC	MV50	-	0
438	Andrew Skilling	Stirling Triathlon Club	SEN M	-	0
439	Sarah Clark	Stonehaven Running Club	FV40	-	2
440	Neil Easton	Stonehaven Running Club	MV40	-	8
441	Mark Macgillivray	Stonehaven Running Club	MV50	-	2
442	Chris Huntley	Tinto Hill Runners	MV60	-	7
443	Laura MacDonald	Tinto Hill Runners	SEN F	-	0
444	Gaz Pemberton	Todmorden Harriers	MV40	-	17
445	Dan Taylor	Todmorden Harriers	MV40	-	8
446	Dean Ralphson	Trawden AC	MV50	-	1
447	Molly Ralphson	Trawden AC	FV50	-	1
448	Jerome McAllister	Tring RC	MV40	-	0
449	Will Lloyd	Tynedale Harriers & AC	SEN M	-	0
450	Douglas Grieve	Victoria Park Glasgow	MV40	-	0
451	Stephen Burthem	Warrington A C	MV60	-	1
452	Timothy Earl	Waveney Valley AC	MV40	-	0
453	Robert Bell	Westerlands Cross Country CI	SEN M	-	0
454	Michael Chang	Westerlands Cross Country CI	SEN M	-	0
455	Ian Collins	Westerlands Cross Country CI	MV40	-	1
456	George Douglas	Westerlands Cross Country CI	MV50	-	8
457	Duncan Gorman	Westerlands Cross Country CI	SEN M	-	3
458	Manny Gorman	Westerlands Cross Country CI	MV50	-	35
459	Graham Kelly	Westerlands Cross Country CI	MV50	-	16
460	Paul Ledingham	Westerlands Cross Country CI	MV50	-	9
461	Emma McCahill	Westerlands Cross Country CI	SEN F	-	0
462	George Phillips	Westerlands Cross Country CI	SEN M	-	0
463	Cameron Swanson	Westerlands Cross Country CI	SEN M	-	0
464	Ausrine Ward	Westerlands Cross Country CI	FV40	-	3
465	Kent Bailey	Wharfedale Harriers	MV50	-	3
466	Mark Bennett	Wharfedale Harriers	MV50	Yes	20
467	Michael Bray	Wharfedale Harriers	MV50	-	0
468	Declan Bulmer	Wharfedale Harriers	SEN M	-	2
469	Martin Farrar	Wharfedale Harriers	MV60	-	13
470	Annabel Mason	Wharfedale Harriers	SEN F	-	0
471	Stuart Mc Aleavy	Wharfedale Harriers	MV50	-	9
472	Chris Newman	Wharfedale Harriers	MV40	-	11
473	Kate Newman	Wharfedale Harriers	FV40	-	10
474	Neil Taylor	Wharfedale Harriers	MV60	Yes	20
475	Sam Watson	Wharfedale Harriers	SEN M	-	16
476	Ben Swain	Witham Runners (Lincolnshire	MV40	-	0
477	Robert Shepherd	Wooler Running Club	MV40	-	11