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Pos	Bib	Name	Club	Age Cat.	Time
1.	382	Sasha Chepelin	Carnethy HRC	MSEN	1:38:04
2.	395	Philip Vokes	Highland Hill Runners	MSEN	1:39:05
3.	412	Alistair Masson	Carnethy HRC	MSEN	1:39:56
4.	235	Harry Pulham	Shettleston Harriers	MSEN	1:40:52
5.	227	Calum Tinnion	Keswick AC	MSEN	1:42:31
6.	413	Kieran Cooper	Carnethy HRC	MSEN	1:42:38
7.	411	Ewan Brown	Corstorphine AAC	MSEN	1:43:09
8.	210	Tom Crudgington	Newcastle and district AC	MU23	1:44:23
9.	417	Matthew Elkington	Ambleside AC	MSEN	1:44:45
10.	383	Henry Ruddell	Pudsey & Bramley AC	MSEN	1:45:01
11.	408	Alistair Thornton	Ochil Hill Runners	MSEN	1:46:29
12.	345	Joe Baxter	Pudsey & Bramley AC	MSEN	1:46:36
13.	321	Ashley Crutchley	Newcastle and district AC	MU23	1:46:57
14.	216	Ewan Thorburn	Lochaber Athletic Club	M40	1:46:59
15.	199	Luke Taylor	Highland Hill Runners	MSEN	1:47:07
16.	281	Robin Downie	Lochaber Athletic Club	MSEN	1:47:52
17.	248	Tom Haynes	Highland Hill Runners	MSEN	1:49:24

Pos	Bib	Name	Club	Age Cat.	Time
18.	59	Tom Owens	Lochaber Athletic Club	M40	1:50:11
19.	94	Callum Lambert	Settle Harriers	MSEN	1:51:03
20.	271	David Lawson	Shettleston Harriers	MSEN	1:52:18
21.	410	Fergus Roberts	Highland Hill Runners	MSEN	1:52:46
22.	350	Robert Sparks	Hunters Bog Trotter	MSEN	1:52:53
23.	362	Douglas Bartholomew	Highland Hill Runners	M40	1:53:54
24.	32	Sam Watson	Wharfedale Harriers	MSEN	1:54:05
25.	200	Jamie Kennedy	Lochaber Athletic Club	MSEN	1:54:28
26.	189	Samuel Soles	Pennine Fell Runners	MU23	1:54:33
27.	376	Sam Bennett	Cumberland Fell Runners	MSEN	1:54:56
28.	108	Robin Wilkins	Ochil Hill Runners	M40	1:55:00
29.	329	Mark McGoldrick	Settle Harriers	M40	1:55:10
30.	16	Alan Ross	Lochaber Athletic Club	M40	1:56:20
31.	297	Andrew Gilmore	Highland Hill Runners	MSEN	1:56:36
32.	196	Ash Wright	Todmorden Harriers	MSEN	1:57:12
33.	282	Esmond Tresidder	Lochaber Athletic Club	M40	1:57:19
34.	296	David Mirfield	Barlick Fell Runners	M40	1:57:32
35.	11	Ruairdh Oliver-Jones	Lochaber Athletic Club	MSEN	1:58:12

Pos	Bib	Name	Club	Age Cat.	Time
36.	419	Will Silvie	Black Combe Runners	MSEN	1:58:18
37.	114	Kenny Richmond	Shettleston Harriers	M50	1:58:21
38.	320	Joshua Mcatee	Mourne Runners	MSEN	1:58:23
39.	418	Ethan Furness	Black Combe Runners	MSEN	1:58:30
40.	109	Stuart Crutchfield	Lochaber Athletic Club	M40	1:58:30
41.	9	Garry Campbell	Lochaber Athletic Club	MSEN	1:58:44
42.	111	Thomas Dobbing	Durham Fell Runners	MSEN	1:58:49
43.	269	Ryad Chebbout	Shettleston Harriers	MSEN	1:59:09
44.	187	Daniel Soles	Pennine Fell Runners	MSEN	1:59:18
45.	340	Jonny Steede	Glens Runners	M40	1:59:38
46.	70	Julian Hood	Barlick Fell Runners	M40	2:00:03
47.	19	Jonathan Hawkins	Lochaber Athletic Club	MSEN	2:00:16
48.	416	Eve Pannone	Ambleside AC	FSEN	2:00:56
49.	65	Iain Foggo	Lochaber Athletic Club	MSEN	2:01:47
50.	133	Liam Taylor	Bowland Fell Runners	MSEN	2:01:52
51.	249	Lizzie Richardson	Highland Hill Runners	FSEN	2:02:14
52.	272	Joe Symonds	Shettleston Harriers	M40	2:02:38
53.	52	Andrew Mclean	Lochaber Athletic Club	MSEN	2:02:46

Pos	Bib	Name	Club	Age Cat.	Time
54.	308	David Hicks	Newcastle and district AC	M40	2:03:36
55.	93	Darren Quigg	Lochaber Athletic Club	MSEN	2:03:40
56.	155	Iain Pender	Shettleston Harriers	M40	2:04:16
57.	239	Helen Leigh	Inverness Harriers AC	F40	2:04:32
58.	339	Cameron Watson	Lomond Hill Runners	M50	2:04:35
59.	317	Stuart Pringle	Deeside Runners	M40	2:04:41
60.	246	Danny Aspinall	Todmorden Harriers	M40	2:04:55
61.	77	Fraser MacKenzie	Lochaber Athletic Club	MSEN	2:04:56
62.	344	Gregor Davidson	Lochaber Athletic Club	M40	2:05:21
63.	41	David Lamond	Lochaber Athletic Club	MSEN	2:05:26
64.	151	Morgan McConnell	Hartfell Hill Runners	MSEN	2:05:34
65.	384	Stephen McDougall	Middlesbrough & Cleveland Harriers	MSEN	2:05:51
66.	299	Jonathan Turnbull	Strathearn Harriers	M40	2:06:00
67.	392	Catriona Macdonald	Bellahouston RoadRunners	FSEN	2:06:25
68.	202	Clyde Williamson	Cosmic Hillbashers	MSEN	2:06:25
69.	318	Richard Bannister	Deeside Runners	M40	2:06:45
70.	157	Ross Cruickshanks	Shettleston Harriers	MSEN	2:06:49
71.	319	John Marrs	Glens Runners	M40	2:06:56

Pos	Bib	Name	Club	Age Cat.	Time
72.	223	Jon Wright	Todmorden Harriers	M50	2:07:21
73.	355	Alex Critchfield	Lochaber Athletic Club	MSEN	2:07:53
74.	270	Chris Grant Pantrey	Shettleston Harriers	M40	2:08:00
75.	333	Conor Parkes	Pudsey & Bramley AC	MSEN	2:08:35
76.	228	Iain Stewart	Gala Harriers	M40	2:08:46
77.	377	Ronan Davison-Kernan	BARF	MSEN	2:08:59
78.	78	Ruaraidh MacKenzie	Lochaber Athletic Club	MSEN	2:09:02
79.	17	Sam Spinney	Lochaber Athletic Club	M40	2:09:20
80.	204	Danny Hope	Horwich R M I Harriers	M40	2:09:34
81.	193	Chris Kay	Todmorden Harriers	MSEN	2:09:46
82.	160	Andrew Wrench	Todmorden Harriers	M60	2:10:04
83.	315	Sean Comiskey	Lochaber Athletic Club	M40	2:10:07
84.	243	David Allsop	Kirkintilloch Olympians	M50	2:10:10
85.	31	Matt Deamer	Cuillin Dubh Running Club	MSEN	2:10:13
86.	57	John Lawrie MacDonald	Lochaber Athletic Club	M40	2:10:21
87.	314	William Shields	Mourne Runners	MSEN	2:10:29
88.	247	Paul Elwell	Wetherby Runners AC	M50	2:10:30
89.	50	Manny Gorman	Westerlands Cross Country Club	M50	2:10:32

Pos	Bib	Name	Club	Age Cat.	Time
90.	191	Adam Dickie	Dumfries Running Club	M40	2:10:35
91.	236	Clara-Jane Irvine	Deeside Runners	FSEN	2:10:40
92.	156	Stephen Winter	Shettleston Harriers	M40	2:10:45
93.	201	Neil Easton	Stonehaven Running Club	M40	2:11:04
94.	183	Calum Murdoch	Highland Hill Runners	MSEN	2:11:40
95.	182	Matthew Eade	Highland Hill Runners	MSEN	2:11:52
96.	238	Ella Peters	Westerlands Cross Country Club	FSEN	2:11:55
97.	99	Angus Cameron	Lochaber Athletic Club	MSEN	2:12:20
98.	372	Harry Auty	Lochaber Athletic Club	MSEN	2:12:26
99.	217	Eric Duncan	Highland Hill Runners	M50	2:12:50
100.	371	Marcus Preedy	Rossendale Harriers & AC	MSEN	2:13:04
101.	131	Walter Henderson	Westerlands Cross Country Club	M50	2:13:10
102.	13	Nigel Wood	Helm Hill Runners	M50	2:13:16
103.	49	Ben Dodman	Lochaber Athletic Club	M50	2:13:18
104.	388	Jake Willis	Lochaber Athletic Club	M40	2:13:40
105.	266	Alastair Pringle	Shettleston Harriers	M50	2:13:53
106.	378	William Imrie	BARF	MSEN	2:14:15
107.	80	Tom Lynch	Ambleside AC	M40	2:14:21

Pos	Bib	Name	Club	Age Cat.	Time
108.	172	Pawel Cymbalista	Lochaber Athletic Club	MSEN	2:14:25
109.	278	Angela Mudge	Ochil Hill Runners	F50	2:14:36
110.	286	Alexander Dent	Lochaber Athletic Club	MSEN	2:14:45
111.	222	David Williams	Ellenborough AC	M40	2:14:46
112.	275	Matt Newton	Kinross Road Runners	M50	2:14:51
113.	89	Gordon Mackinnon	Lochaber Athletic Club	M40	2:15:35
114.	192	Richard Bradbury	Matlock Athletic Club	M50	2:15:46
115.	154	Bill Breckenridge	Shettleston Harriers	M50	2:15:59
116.	301	Paul Reilly	Helm Hill Runners	M40	2:15:59
117.	252	Suzie Richards	Eryri Harriers	FSEN	2:16:43
118.	186	Adam Anderson	Hartfell Hill Runners	M50	2:17:00
119.	261	Stewart Whitley	Carnethy HRC	M60	2:17:14
120.	53	Goronwy Hughes	Rhedwyr Hebog Runners	M50	2:17:21
121.	232	Stephen Smithies	Calder Valley Fell Runners	M50	2:17:29
122.	20	David Williams	Lochaber Athletic Club	MSEN	2:17:37
123.	322	Dominic McLarnon	Glens Runners	M40	2:17:49
124.	205	Robert Green	Achille Ratti Climbing Club	MSEN	2:18:17
125.	176	Oli Warlow	Lochaber Athletic Club	M40	2:18:24
126.	363	Simon Drysdale	Lochaber Athletic Club	MSEN	2:18:42

Pos	Bib	Name	Club	Age Cat.	Time
127.	257	Karen Wilton	Jog Lisburn Running Club	F50	2:18:49
128.	402	Morag McClelland	Hunters Bog Trotters	F40	2:19:00
129.	152	Iain Rogerson	Lochaber Athletic Club	MSEN	2:19:01
130.	97	Fraser Cameron	Lochaber Athletic Club	MSEN	2:19:18
131.	122	James Cooper	Lochaber Athletic Club	M40	2:19:35
132.	123	Alan Smith	Deeside Runners	M60	2:19:43
133.	256	Craig Stansfield	Rossendale Harriers & AC	M50	2:19:47
134.	364	Jenny Lea	North Leeds Fell Runners	FSEN	2:19:50
135.	403	Ruairidh Shaw	Lochaber Athletic Club	MSEN	2:20:04
136.	84	Steve Macdonald	Lochaber Athletic Club	M40	2:20:24
137.	173	Eilidh Moynihan	Lochaber Athletic Club	FSEN	2:20:34
138.	47	Stuart Malcolm	Highland Hill Runners	M50	2:20:51
139.	124	Mark Chippendale	Bowland Fell Runners	M50	2:21:26
140.	336	Catherine Marsh	Lochaber Athletic Club	FSEN	2:21:33
141.	370	Christopher Mann	Wrexham AAC	MSEN	2:21:38
142.	309	Hanna McNally	Strathearn Harriers	FSEN	2:21:50
143.	107	Mark Baugh	Ochil Hill Runners	M50	2:21:57
144.	28	Amanda Blackhall	Lochaber Athletic Club	F50	2:22:15

Pos	Bib	Name	Club	Age Cat.	Time
145.	218	Matthew Steel	Keswick AC	MSEN	2:22:19
146.	292	Neil Hardiman	Clayton-le-Moors Harriers	M50	2:22:25
147.	289	Caroline Marwick	Highland Hill Runners	F40	2:22:31
148.	63	Jamie Hageman	Lochaber Athletic Club	M40	2:22:41
149.	198	Connie Dodds	Lochaber Athletic Club	FSEN	2:22:46
150.	225	Alex Reily	Kinross Road Runners	MSEN	2:23:19
151.	190	Ally Wight	Hartfell Hill Runners	M50	2:23:46
152.	324	Matt Hunt	Cuillin Dubh Running Club	M40	2:24:01
153.	298	Stewart Wilson	Highland Hill Runners	M50	2:24:04
154.	398	Gemma Griffiths	Shettleston Harriers	FU23	2:24:06
155.	360	Simon Templeman	Ochil Hill Runners	M50	2:24:07
156.	4	David Neil	Lochaber Athletic Club	MSEN	2:24:22
157.	234	Terry McCloskey	Dumfries Running Club	M40	2:24:31
158.	368	Sam Herron	Mourne Runners	M40	2:24:42
159.	295	David Poole	Barlick Fell Runners	M40	2:24:47
160.	75	Nick Sedgwick	Lochaber Athletic Club	M40	2:24:51
161.	44	Adam Malloy	Northumberland Fell Runners	M40	2:24:52
162.	273	Zoe Barber	Shettleston Harriers	FSEN	2:24:56

Pos	Bib	Name	Club	Age Cat.	Time
163.	119	Jamie Currie	Lochaber Athletic Club	M40	2:25:05
164.	277	Dominic Williams	Dundee Road Runners	MSEN	2:25:38
165.	30	Innes Blackhall	Lochaber Athletic Club	MSEN	2:25:47
166.	140	Bianca Dyer	Helm Hill Runners	F50	2:25:55
167.	367	Fergus Berardelli	Lochaber Athletic Club	MSEN	2:26:11
168.	102	Jay Macleod	Lochaber Athletic Club	MSEN	2:26:28
169.	390	Scott Seefeldt	Lomond Hill Runners	M40	2:26:30
170.	101	Martyn Cameron	Lochaber Athletic Club	MSEN	2:26:46
171.	178	Euan Gray	Lochaber Athletic Club	MSEN	2:26:55
172.	293	Rob Davies	Amman Valley Harriers	MSEN	2:27:04
173.	62	Damian Forster	Lochaber Athletic Club	M50	2:27:29
174.	130	Frederick Swift	Highland Hill Runners	MSEN	2:27:59
175.	341	Rachel Pilling	Pudsey & Bramley AC	F40	2:27:59
176.	33	James Tedham	Lochaber Athletic Club	M40	2:28:13
177.	373	Fiona Tinnion	Lochaber Athletic Club	FSEN	2:28:25
178.	353	Tim Wilson	BARF	M50	2:28:43
179.	389	Daniel Latham	Pennine Fell Runners	MSEN	2:28:45
180.	147	Francisco Javier Cabrera Valdes	Highland Hill Runners	M40	2:29:13

Pos	Bib	Name	Club	Age Cat.	Time
181.	209	Liam Riggans	Carnethy HRC	M40	2:29:15
182.	141	Jacob Dyer	Helm Hill Runners	M50	2:29:16
183.	331	Dennis McDonald	Cosmic Hillbashers	M60	2:29:31
184.	206	Jonathan Weir	Ayr Seaforth Athletic Club	M40	2:29:35
185.	337	Iain Thomson	Lomond Hill Runners	M40	2:29:43
186.	231	Iain Gilmore	Carnethy HRC	MSEN	2:29:48
187.	153	Martin Munro	Lochaber Athletic Club	MSEN	2:30:14
188.	98	Rachael Macpherson	Lochaber Athletic Club	FSEN	2:30:33
189.	354	Declan McGrellis	BARF	M50	2:30:40
190.	165	Niall MacBeath	Lochaber Athletic Club	M50	2:30:51
191.	342	Jonathon Freke	Pudsey & Bramley AC	MSEN	2:30:57
192.	332	Jason Williamson	Cosmic Hillbashers	M50	2:31:08
193.	83	David Whyte	Lochaber Athletic Club	M40	2:31:10
194.	304	Bob Johnson	Gala Harriers	M60	2:31:28
195.	303	Stephen Dickson	Fife Athletic Club	M50	2:31:38
196.	169	Jason Phillips	Fareham Running Club	MSEN	2:31:59
197.	290	Iain Maclennan	Highland Hill Runners	M50	2:32:01
198.	121	Robbie Cant	Lochaber Athletic Club	M50	2:32:04
199.	166	Shaun Macleod	BNRA	MSEN	2:32:14

Pos	Bib	Name	Club	Age Cat.	Time
200.	414	Paul Ledingham	Westerlands Cross Country Club	M50	2:32:39
201.	280	Ali Kennedy	Lochaber Athletic Club	M60	2:32:42
202.	352	Tom Finch	Westerlands Cross Country Club	MSEN	2:32:53
203.	42	Jamie Bienfait	Lochaber Athletic Club	MSEN	2:32:53
204.	60	Luke Tarry	BARF	MSEN	2:32:55
205.	406	Isla Mackay	Lochaber Athletic Club	FSEN	2:33:11
206.	409	Ally MacDonald	Bellahouston Road Runners	M60	2:33:24
207.	242	Rory Macpherson	Cosmic Hillbashers	M40	2:33:34
208.	375	Rebecca Pease	Cumberland Fell Runners	FSEN	2:33:36
209.	386	Carla Berardelli	Lochaber Athletic Club	FSEN	2:33:44
210.	76	Michael Hemm	Highgate Harriers	MSEN	2:34:03
211.	381	Peter McEvoy	Mourne Runners	MSEN	2:34:29
212.	397	Sam Daynes	Lochaber Athletic Club	MU23	2:34:43
213.	267	Chris Wilkinson	Highland Hill Runners	MSEN	2:34:53
214.	24	Emma Rodger	Lochaber Athletic Club	F40	2:35:01
215.	179	Damian Kenning	Lochaber Athletic Club	MSEN	2:35:11
216.	175	Kevin Plummer	Hartfell Hill Runners	M60	2:35:25
217.	1	Graham Kelly	Westerlands Cross Country Club	M50	2:35:33

Pos	Bib	Name	Club	Age Cat.	Time
218.	264	Julian Warman	Hunters Bog Trotters	M50	2:35:37
219.	380	Owen Boden	Mourne Runners	M40	2:35:42
220.	212	Peter German	Helm Hill Runners	M40	2:35:52
221.	374	Keith Beveridge	Lochaber Athletic Club	M40	2:35:56
222.	103	Iain Munro	Cairngorm Runners	MSEN	2:35:57
223.	230	Neil Gilmore	Carnethy HRC	M60	2:36:12
224.	90	Peter Daly	Glossopdale Harriers	M50	2:36:19
225.	105	Neil Swan	Holcombe Harriers	M50	2:36:21
226.	5	James Lappin	Ballydrain Harriers	M40	2:36:27
227.	224	Calum Kemp	Highland Hill Runners	M40	2:36:35
228.	61	Donald Lamont	Lochaber Athletic Club	M40	2:36:45
229.	79	Lisette Walter	Lochaber Athletic Club	F40	2:36:53
230.	159	Kevin Greig	Dundee Road Runners	M40	2:36:56
231.	420	Chris Durkin	Black Combe Runners	M40	2:37:03
232.	268	Manouk Wilkinson	Highland Hill Runners	FSEN	2:37:10
233.	112	Mark Thistlethwaite	Shettleston Harriers	M40	2:37:34
234.	36	Bronagh Wishart	Lochaber Athletic Club	FSEN	2:37:36
235.	110	David Clark	Garioch Road Runners	M50	2:37:46
236.	180	Naomi Dijkman	Lauderdale Limpers Running	F40	2:38:09

Pos	Bib	Name	Club Club	Age Cat.	Time
237.	194	Craig Malcolmson	Hartfell Hill Runners	M60	2:38:52
238.	158	Myrtle Breckenridge	Shettleston Harriers	FSEN	2:38:54
239.	104	Graham Stevens	Holcombe Harriers	M50	2:39:01
240.	188	David Soles	Pennine Fell Runners	M60	2:39:07
241.	259	Ben Stansfield	Forth Valley Orienteers	M50	2:39:17
242.	365	Mark Hardy	Haddington Running Club	M40	2:39:33
243.	400	Will Mueller	Carnethy HRC	M40	2:39:59
244.	300	Bruce Smith	Lomond Hill Runners	M60	2:40:19
245.	92	Farquhar MacRae	Lochaber Athletic Club	MSEN	2:40:23
246.	116	Clifford Leith	Metro Aberdeen Running Club	M50	2:41:09
247.	404	Lyndsey Shaw	Lochaber Athletic Club	F40	2:41:15
248.	359	Joseph Tangney	Lochaber Athletic Club	MSEN	2:41:26
249.	64	Robert Maclean	Lochaber Athletic Club	M50	2:41:38
250.	146	Sinead-Marie Mcallister	LARNE AC	FSEN	2:41:39
251.	43	Coalin Finn	Lochaber Athletic Club	MSEN	2:42:13
252.	142	Mhairi McInnes	Deeside Runners	FSEN	2:42:57
253.	334	Nathan Martin	Lochaber Athletic Club	M50	2:43:03

Pos	Bib	Name	Club	Age Cat.	Time
254.	415	Marie Meldrum	Lochaber Athletic Club	F50	2:43:05
255.	240	Pat Bartlett	Carnethy HRC	M50	2:43:07
256.	326	Felton Humble	Westerlands Cross Country Club	M40	2:43:08
257.	310	Craig McCauley	Mourne Runners	M50	2:43:09
258.	306	Ciarán McAleenan	Mourne Runners	M60	2:43:09
259.	37	Ben Swain	Witham Runners (Lincolnshire)	M50	2:43:12
260.	399	Craig Murphy	Girvan Athletic Club	M50	2:43:14
261.	346	Ailsa Pooleman	Lochaber Athletic Club	FSEN	2:43:17
262.	348	Ian Pooleman	Lochaber Athletic Club	M40	2:43:24
263.	279	Ian Hayburn	St Helens Sutton AC	M50	2:43:41
264.	385	Anna Berardelli	Lochaber Athletic Club	FSEN	2:44:09
265.	287	Katherine Downie	Keswick AC	FSEN	2:44:32
266.	12	Anamarija Strljic	Lochaber Athletic Club	FSEN	2:45:06
267.	351	Caroline Friel	Westerlands Cross Country Club	F40	2:45:13
268.	379	Pearse Brogan	Newcastle and district AC	MSEN	2:45:15
269.	7	Mike Gillibrand	Pennine Fell Runners	M40	2:45:15
270.	396	Ed Daynes	Lochaber Athletic Club	M50	2:45:40
271.	213	Michaela Kennedy	Lochaber Athletic Club	FSEN	2:45:47

Pos	Bib	Name	Club	Age Cat.	Time
272.	221	Alan Elwood	Dromore AC	M50	2:45:50
273.	72	Jamie Thomas	Dunbar Athletics Club	M40	2:45:51
274.	162	Jussi Grut	Southwark Park Running Club	MSEN	2:45:52
275.	134	Michael Gillespie	Lochaber Athletic Club	MSEN	2:45:54
276.	262	Stuart Mc Aleavy	Wharfedale Harriers	M50	2:45:58
277.	51	Derek Cassells	Carnegie Harriers	M50	2:46:01
278.	58	Aiden Page	Lochaber Athletic Club	MSEN	2:46:05
279.	125	Christoff Du Plessis	Lochaber Athletic Club	MSEN	2:46:18
280.	117	Alasdair McCallum	North Ayrshire Athletic Club	M60	2:46:24
281.	100	Mick Dobson	Trawden AC	M50	2:46:31
282.	347	Steven King	Carnegie Harriers	M50	2:46:32
283.	167	Julian Boon	Forest of Dean AC	M50	2:46:44
284.	38	David Armstrong	Northumberland Fell Runners	M60	2:46:45
285.	55	Craig Forbes	Lochaber Athletic Club	M40	2:46:50
286.	220	Kenneth Buchanan	Highland Hill Runners	M40	2:46:50
287.	18	Geoff Cooper	Matlock Athletic Club	M50	2:46:55
288.	316	Matt Pearce	Troon Tortoises AC	M50	2:46:55
289.	144	Craig Stewart	Monifieth triathlon = M3	M50	2:47:06
290.	129	Lewis Fyfe	Lochaber Athletic Club	MSEN	2:47:10

Pos	Bib	Name	Club	Age Cat.	Time
291.	69	Andrew Martindale	Northern Fells Running Club	M50	2:47:27
292.	394	Billy Webster	Kinross Road Runners	M50	2:47:38
293.	197	Logan Barker	Lochaber Athletic Club	MSEN	2:48:13
294.	250	David White	Kilmarnock Harrier & Athletic Club	M50	2:48:19
295.	29	Jessica Acheson	Lochaber Athletic Club	FSEN	2:48:33
296.	258	Christopher Darling	Lomond Hill Runners	M40	2:48:36
297.	325	Andrew Lee	Rossendale Harriers & AC	M50	2:48:58
298.	265	Simon Theobald	Ambleside AC	M50	2:49:28
299.	387	Catriona Mallows	Highland Hill Runners	FSEN	2:49:45
300.	95	Robert Shepherd	Wooler Running Club	M40	2:50:06
301.	251	Kasia Osipowicz	Eryri Harriers	F40	2:50:14
302.	21	Angelina Kennedy	Lochaber Athletic Club	F40	2:50:33
303.	253	Roderick Pugh	Kilmarnock Harrier & Athletic Club	M60	2:50:43
304.	335	Chris Smallman	Keswick AC	M60	2:50:46
305.	135	Hannah Gillespie	Lochaber Athletic Club	FSEN	2:50:48
306.	143	Robert Getley	Lomond Hill Runners	MSEN	2:50:56
307.	56	Gordon Pryde	Lomond Hill Runners	M60	2:51:11
308.	343	Ben Johnstone	Lochaber Athletic Club	MSEN	2:51:17

Pos	Bib	Name	Club	Age Cat.	Time
309.	46	Marie Robson	Helm Hill Runners	F50	2:51:29
310.	328	Ben Flowers	Glens Runners	MSEN	2:51:29
311.	115	Stephen McAlister	Lochaber Athletic Club	MSEN	2:51:56
312.	8	Edward Davies	Mercia Fell Runners	M70	2:52:33
313.	39	Ross MacKenzie	Lochaber Athletic Club	MSEN	2:52:48
314.	91	Duncan Millar	Ballymena Runners	M50	2:53:00
315.	96	Andrew Shaw	Holmfirth Harriers AC	M60	2:53:15
316.	25	Grainne Shaw	Lochaber Athletic Club	F40	2:53:29
317.	181	Dominic Hughes	Dundee Road Runners	M40	2:53:55
318.	237	Kent Bailey	Wharfedale Harriers	M50	2:54:34
319.	405	Lizzie Wastnedge	Hunters Bog Trotters	FSEN	2:54:41
320.	260	Mark Grant	Lochaber Athletic Club	MSEN	2:54:41
321.	34	Alice Currie	Lochaber Athletic Club	FSEN	2:54:42
322.	391	Matthew Sweeney	Ochil Hill Runners	M40	2:54:49
323.	118	Angus Lawrie	Lochaber Athletic Club	M40	2:54:50
324.	2	William Cameron	Lochaber Athletic Club	M50	2:55:09
325.	407	Georgia White	Lochaber Athletic Club	FSEN	2:55:35
326.	148	Ross Ellison	Lochaber Athletic Club	MSEN	2:55:35

Pos	Bib	Name	Club	Age Cat.	Time
327.	366	Mabel Frost	Beverley Athletics	FU23	2:55:56
328.	81	Peter Kennedy	Lochaber Athletic Club	M50	2:56:08
329.	22	Non Williams	Lochaber Athletic Club	FSEN	2:56:30
330.	283	Hilary Ritchie	Fife Athletic Club	F60	2:57:10
331.	349	Fiona Comrie	North Ayrshire Athletics Club	F50	2:57:31
332.	195	Gaz Pemberton	Todmorden Harriers	M40	2:57:41
333.	369	Kal Sandhu	Westerlands Cross Country Club	MSEN	2:57:48
334.	145	Claire Ingram	Hartfell Hill Runners	F40	2:57:50
335.	288	Colin Brash	Girvan Harriers	M50	2:59:00
336.	219	Caroline Harding	Pudsey & Bramley AC	F50	2:59:06
337.	233	Nick Flower	North Leeds Fell Runners	MSEN	2:59:57
338.	291	Barbara Savage	Clayton-le-Moors Harriers	F60	3:00:24
339.	401	Richard Shaw	Lochaber Athletic Club	M60	3:00:39
340.	245	Ally Sutherland	Cosmic Hillbashers	M40	3:00:41
341.	207	Lisa Blackley	Lochtsyde	F40	3:00:46
342.	88	Peter Brittleton	Ambleside AC	M50	3:00:50
343.	106	Ian Warrington	Bury Athletic Club	M40	3:01:09
344.	137	Jordan Stanford	Eryri Harriers	MSEN	3:01:20
345.	358	Emma Stewart	Dunoon Hill Runners	F40	3:01:22
346.	338	Iain Simpson	Lomond Hill Runners	M50	3:02:04

Pos	Bib	Name	Club	Age Cat.	Time
347.	215	Helen Buchan	Calder Valley Fell Runners	F40	3:02:50
348.	185	Sebastian Pflanz	Dumfries Running Club	M60	3:02:55
349.	229	Dave Till	Skye & Lochalsh Running Club	M60	3:03:15
350.	45	Mark Macgillivray	Stonehaven Running Club	M50	3:03:17
351.	313	Neill Mitchell	Fife Athletic Club	M50	3:05:06
352.	356	Eugene Mackie	Lochaber Athletic Club	MSEN	3:05:26
353.	274	Allan Gall	Central Athletics Club	M60	3:05:42
354.	74	Joanne Mackin	Lochaber Athletic Club	F40	3:06:17
355.	54	Drew Lennie	Carnethy HRC	M60	3:06:22
356.	305	David Bell	Mourne Runners	M60	3:08:18
357.	312	Edward Murphy	Mourne Runners	M40	3:08:26
358.	113	Daniel Clarke	Ochil Hill Runners	M40	3:08:57
359.	226	Simon McDougall	Bellahouston Harriers	M40	3:09:02
360.	284	Stephen Johnston	Milburn Harriers	M60	3:09:09
361.	120	Tania Wilson	Fife Athletic Club	F60	3:09:12
362.	6	William Halliday	Mid Argyll Triathlon and Cycle Club	M60	3:09:13
363.	323	Brian Campbell	Lochaber Athletic Club	M60	3:09:22
364.	263	Kenny Lang	Lochaber Athletic Club	M50	3:09:44
365.	177	Joan Wilson	Lomond Hill Runners	F60	3:10:10

Pos	Bib	Name	Club	Age Cat.	Time
366.	67	Debbie Lees	Lochaber Athletic Club	FSEN	3:10:55
367.	14	Martin Farrar	Wharfedale Harriers	M60	3:11:00
368.	87	Carolyn Crawford	Springwell Running Club	F40	3:11:36
369.	307	Harry Modley	Lonsdale Fell Runners	MSEN	3:11:55
370.	161	Kate Ludley	Lonsdale Fell Runners	F40	3:12:35
371.	211	Kate Newman	Wharfedale Harriers	F40	3:13:11
372.	23	Chloe Valentine	Lochaber Athletic Club	F50	3:13:24
373.	327	Chris Furse	Westerlands Cross Country Club	M50	3:14:20
374.	73	Phil Kidman	Dunoon Hill Runners	M60	3:15:26
375.	149	Kathleen Monteverde	BARF	F60	3:16:15
376.	136	Chris Slessor	Chorlton Runners	MSEN	3:16:34
377.	244	Ian Silvester	Skye & Lochalsh Running Club	M60	3:16:53
378.	3	Paddy Ritchie	Ballydrain Harriers	M50	3:16:59
379.	203	Jean MacDonald	Dunoon Hill Runners	F60	3:17:09
380.	361	Connor Gamble	Lochaber Athletic Club	MSEN	3:17:54
381.	294	Clive Roberts	Fife Athletic Club	M60	3:19:25
382.	10	Ross Robertson	Northumberland Fell Runners	M40	3:19:39
383.	132	Paul Marynicz	Norham Running Club	M60	3:20:22

Pos	Bib	Name	Club	Age Cat.	Time
384.	393	Rodrigo Reis	Shettleston Harriers	M40	3:20:37
385.	139	Charles Ritchie	Deeside Runners	M70	3:20:43
386.	330	Geraldine Springett	Lochaber Athletic Club	F40	3:20:52
387.	208	Jon Payn	Reigate Priory AC	M40	3:21:54
388.	66	Stephanie Clelland	Lochaber Athletic Club	FSEN	3:22:14
389.	85	Adele Tomb	Springwell Running Club	F50	3:22:37
390.	164	Ross Gilmour	Mow Cop Runners	M40	3:23:11
391.	86	Sarah Milligan	Springwell Running Club	FSEN	3:23:35
392.	241	Jon Cross	Ochil Hill Runners	M50	3:24:04
393.	35	Sara Byrne	Lochaber Athletic Club	F50	3:24:39
394.	71	Dan Taylor	Todmorden Harriers	M40	3:25:30
395.	174	Colin Wilson	Lomond Hill Runners	M60	3:25:59
396.	357	Paul Bates	Lonsdale Fell Runners	M70	3:26:52
397.	48	Martin Macdonald	Lochaber Athletic Club	M40	3:27:16
398.	128	Adrian Baker	Dark Peak Fell Runners	M60	3:27:21
399.	214	Lucy Brown	Barlick Fell Runners	F40	3:28:16
400.	311	George Douglas	Westerlands Cross Country Club	M60	3:28:26
401.	138	Jo Polak	Highland Hill Runners	F60	3:32:16
402.	170	Pat Fitzpatrick	Ochil Hill Runners	M70	3:33:32

Pos	Bib	Name	Club	Age Cat.	Time
403.	302	Paul Modley	Lonsdale Fell Runners	M60	3:34:29
404.	40	Louie Johnston	Lochaber Athletic Club	MSEN	3:37:41
405.	150	Sharon Dickenson	Mourne Runners	F40	3:40:48
406.	168	Wiebke Lammers	Westerlands Cross Country Club	F40	3:43:39
407.	276	Amy Gilligan	Dundee Road Runners	FSEN	3:44:02
408.	68	Malcolm Easson	Lochaber Athletic Club	M60	3:44:38
409.	254	David Oliver	Deeside Runners	M60	3:47:45
410.	184	David Prytherch	Eryri Harriers	M50	3:48:07
411.	27	Joanna Ness	Lochaber Athletic Club	F60	3:51:05
412.	26	Julie Corner	Lochaber Athletic Club	F50	3:51:05
413.	127	Mark Graham	FRA	M60	3:51:09
414.	163	Drew Broadley	Lochaber Athletic Club	M60	3:51:26
415.	285	Ronnie Turner	Springwell Running Club	M60	3:52:20
416.	255	Jane Oliver	Deeside Runners	F60	3:54:04
417.	126	Ricky Cowan	Mourne Runners	M70	4:13:31